

## **The EAPC Cross Sectional Survey**

### **Centre demographics and patients characteristics.**

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In order to identify types of services providing palliative care in Europe and patient characteristics a questionnaire cross sectional survey were performed in 21 European countries. A total of 141 centres participated in the survey, including a total of 3038 patients. The number of patients varied from five to 783 per country and from an average of five to 79 per centre in each country.

Most countries were based upon inpatient services, cancer hospital (number of patients in total=227), general hospital (n=808), hospices (n=1136). However, also a substantial number were found in home care facilities, such as “hospice at home” (n=380). Most centres provided a variety of services, including inpatients ward, day hospital / ambulatory services, consultation services and home care services.

The mean age of the patient population was 66 years (range 2-103), 50 % were living with a spouse or other relative in good health, 28 % lived alone and 10% with a spouse, which is not in good health. 94% of the patients had cancer, 3% neurological disease, 0,5% respiratory and cardiac disease respectively and 0.3% AIDS. 55% were either fully ambulatory or able to walk independently, but at an impaired level, while 22% were bed or chair bound. 36% had an anticipatory life expectancy of more than six months and 23% less than one month.