

ESTONIA



Population: 1,332,893

Current Directory:

Printed version

Online version

None identified x

Key Contact/National Association

Key contact:

Inga Talvik,
Senior consultant in paediatric neurology,
Children's Clinic of Tartu,
University Hospital,
6 Lunini str.

Tartu,

Estonia 51014.

Telephone: +3727319582

Email: inga.talvik@kliinikum.ee

National Association:

Inga Talvik,
Senior consultant in paediatric neurology,
Children's Clinic of Tartu,
University Hospital,
6 Lunini str.

Tartu,

Estonia 51014.

Telephone: +3727319582

Email: inga.talvik@kliinikum.ee

Palliative Care Services

NK = not known

Number of Palliative Care Services

	Inpatient Palliative Care Units	Hospices	Consultant Teams in Hospitals	Home Care Teams	Day Centres	Total
Adult/Children	0	0	0	0	0	0
Paediatric only	0	0	0	0	0	0
				Inpatient Palliative Care Units/hospices	Chronic Hospitals/Nursing Homes	Total
Number of beds allocated to adult palliative care inpatients				0	0	0
				Adults	Children	Total
Number of Bereavement Support Teams				0	0	0

Comments/Sources

- Data for palliative care services relates to children only – there is no data available for adults.
- There is some bereavement support provided by University hospital staff and a psychologist.

[EAPC Palliative Care Facts in Europe Questionnaire 2005]

Adult Palliative Care Population

NK	of patients receiving palliative care have a cancer diagnosis
NK	of patients receiving palliative care have other incurable conditions



EAPC Task Force on the development of Palliative Care in Europe

	Cancer	(n)
Number of patients who die at home	NK	NK
Number of patients who die in a general hospital	NK	NK
Number of patients who die in other healthcare institutions	NK	NK

Comments/Sources

[EAPC Palliative Care Facts in Europe Questionnaire 2005]

Palliative Care Workforce Capacity

	Full-time	Part-time	Total
Physicians	NK	NK	NK
Nurses	0	0	0
Social Workers	NK	NK	NK
Psychologists	NK	NK	NK
Physiotherapists	NK	NK	NK
Occupational Therapists	NK	NK	NK
Spiritual/Faith leaders	NK	NK	NK
Volunteers	NK	NK	0

Comments/Sources

- There are some doctors working in pain clinics for adults.
- Individual specialist services are available at the University hospital but are not part of a palliative care team.

[EAPC Palliative Care Facts in Europe Questionnaire 2005]

Funding of palliative care services

Total number of palliative care services funded by the government	0
Total number of palliative care services funded privately or by NGO's	0

Comments/Sources

[EAPC Palliative Care Facts in Europe Questionnaire 2005]

Perceived use of main opioids in palliative care

Order of frequency	Opioid	Estimated cost per month (€)
First opioid	NK	NK
Second opioid	NK	NK
Third opioid	NK	NK

Comments/Sources

[EAPC Palliative Care Facts in Europe Questionnaire 2005]

Key issues and challenges

- There are economic and human resource barriers to the development of palliative care in Estonia at the present time.

[EAPC Palliative Care Euro-Barometer 2005]

Palliative care accreditation

- There is no specialist accreditation for palliative care professionals in Estonia at the present time. However, there is some palliative care education provided to medical personnel.

[EAPC Palliative Care Facts in Europe Questionnaire 2005]



EAPC Task Force on the development of Palliative Care in Europe

Palliative care milestones

- There have been no palliative care milestones in Estonia.

[EAPC Palliative Care Euro-Barometer 2005]

Health policy

- There have been no important initiatives since 1995 undertaken to address the problem of uncontrolled pain as a health concern in Estonia.
- There have been no policy changes affecting the development of hospice and palliative care made in Estonia since 2000.
- Estonia did not mark the publication of the Council of Europe (2003) report on palliative care (Recommendation Rec 24 of the Committee of Ministers to member states on the organisation of palliative care) in any way.
- Estonia has not participated in any way in the Council of Europe discussions about euthanasia (the Marty Report).
- At the current time, there are no initiatives in Estonia that seek the legalisation of euthanasia or assisted suicide.

[EAPC Palliative Care Euro-Barometer 2005]

References

N.B. For further information on the status of palliative care services in Estonia, please see:

Clark, D., and Wright, M. (2003) *Transitions in End of Life Care. Hospice and related developments in Eastern Europe and Central Asia*. Buckingham: Open University Press, 2003, pp. 55-58, Estonia.

Gronemeyer, R., Fink, M., Globisch, M., and Schumann, F. (2005) *Helfen am ende des lebens hospizarbeit und palliative care in Europa*. Giessen: Hospiz und Hospizbewegung, p. 130-136, Estonia.

http://www.eolc-observatory.net/global_analysis/estonia.htm

Information correct as at: 7th August 2006





EAPC Task Force on the development of Palliative Care in Europe