

EAPC-East Newsletter
NR 4 – September 2002

Dear Friends!

This newsletter is sent to all affiliated to the EAPC-east web site, to persons active and interested in palliative care in Eastern Europe to whom we have an e-mail address and to the EAPC board.

Summer is over here in the north and we have started our fall semester. During this summer, which has been the warmest since metrological observations started more than 100 years ago, we have been able to enjoy the sun and the warmth. For some of you in Europe summer has brought misery and flooding. This is just to show there is no justice!

There are a lot of activities related to palliative care going on in Eastern Europe. I am happy to be able to spread information about as many as possible. If you have knowledge about what others do you can use and modify the ideas and use them for your own purpose. You will not have to invent the wheel, all the time. We can use the time and effort in a better way. That is one of the reasons why sharing is so important.

As we have noticed that many of you have limited space in your e-mail boxes we have chosen to make the articles available to down load from the homepage instead of putting them direct in the Newsletter

Ukraine Palliative care in Ukraine is described by V. Mykhalskyy (Ukraine) and W. Jones (UK). The article can be down loaded from the web site.

Croatia In Croatia the Ministry of Health established a Palliative Care Commission. The objectives etc you can down load from the web site. Croatia Palliative Care commission.

Standards. We have started to collect standards and guidelines in palliative care from countries and regions in both east and west. This is a very interesting work with a variety of content and wealth of details. This work is being coordinated by Urska Lunder from Ljubljana, Slovenia. You can find her first comments to down load.

In the issue of **Journal of pain and symptom Management August 2002** many articles describing the state of art in Eastern Europe are presented. We are trying to get them published on the web for you to read free of charge. Until then you can look at the index of the Journal and get in contact with the author direct if you want a special article. You will be able to view the index and the abstract without being a subscriber. www.sciencedirect.com click on publications and J.

Poland So far we have had the possibility to publish Tomas Dangels articles on palliative care with children in Poland and Europe. These articles you can down load from the web site.

You will find some articles on different themes in full text to down load from the **EAPC web site** www.eapcnet.org/publications

Articles on palliative care for children <http://www.hospicjum.waw.pl/english/library.htm> is the address where you can find articles on palliative care for children to down load

EAPC for both east and west We all know that conditions for palliative care organisations in the West are quite different than for those working in the East. That is why the EAPC has a reduced member fee for organisations in the Eastern part of Europe. The annual fee is 40 € for the whole organisation. So we would like to encourage you /your organisation to be part of the EAPC. For further details: francesca.salati@istitutotumori.mi.it

Stockholm summit for St Petersburg. Last week we had the opportunity to have presentations and fruitful discussions about palliative care in St Petersburg. There will be more comprehensive information for the next issue of the EAPC-east Newsletter.

Transitions in end of Life care "Hospice and related developments in Eastern Europe and Central Asia" the report by David Clark and Michael Wright in Sheffield is now published. I know many of you have been in contact with Michael and David to give information about the situation in your respective country and the report covers all the Eastern European countries. If you are interested in getting a copy of the book when it will be printed later this fall, please get in touch.

The Worlds largest simultaneous singing event, Saturday 4 October 2003 Just a reminder about Voices for Hospices. The event can be useful as a promotion of palliative care and also not to forget, for a positive funding opportunity. To be successful it will take some time and effort to plan and organize so be in due time to start. The event is planned for next year and will take place where people make it happen. It is up to you! For information please contact: kwo@easynet.co.uk or have a look at their homepage: www.voicesforhospices.org

International change For your information WHO has published a new definition of palliative care. This can be down loaded from www5.who.int/cancer/main and there you will find the definition on the left side: Pain relief and palliative care.

Sister community Does your city or community have a twin town or sister community somewhere in Western Europe? Do you know where it is and do you have any contacts? We are very interested in all information about your sister communities. Write an e-mail and let us know.

The correct e-mail address?

We have not been around for so long but already I get some Newsletters bouncing back as the e-mail addresses are not working properly. Can you help out and see if in the enclosed names you have the correct addresses. Please let us know if you do:

Attila Horvath, Hungary horvath@clinics.pot.hu

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Constantin Bogdan, Romania, srpt@art.ro

Anna Oronska, Poland, 'lukasz@onest.am.wroc.pl'

If you know of somebody who would like to be included in the mailing list to receive the Newsletter, let us know and feel free to comment or suggest improvements for the next issue! Looking forward to hear from you!

Sylvia Sauter

Carl Johan Fürst