## EAPC-East Newsletter NR 28 – January 2005

#### Dear Friends!

A new year with new possibilities and developments has just started. Let us hope it will be the changing year for the positive we are all working for.

## **Update on plan for development of palliative care - recommendations**

In October 2003 there was a meeting in Budapest arranged by the OSI with 12 participating countries making action plans for their own development in palliative care. The plans can be found in the EAPC-east Newsletter December 2003. The Newsletter can be downloaded from the web site www.eapceast.org

In April 2004 the Hungarians made Recommendations for the development of a complex integrated system of palliative care in Hungary. The whole document has been made available. Please see the whole document in a PDF-file on the web site to read or down load. You will need Acrobat Reader to open the file. Acrobat Reader can be downloaded for free on the internet <a href="http://www.adobeceea.com/main.html?c=ee">http://www.adobeceea.com/main.html?c=ee</a>

# 2<sup>nd</sup> Global summit of National Hospice and Palliative Care Organisations

The theme is collaboration for progress

Primary objectives: next step for national associations including joint working

Participants: Those involved with national associations and international centres of excellence

Time: 15 –16 March 2005

Place: Hankang Hotel; 188-2 Kwangjan-dong, Songdong-Gu, Seoul 82-2-453-5131 http://www.hankanghotel.co.kr/eng/index\_en1.htm

**No registration fee** - the Asia Pacific Hospice Conference is generously supporting the venue for the meeting

For the full program and registration se the web site to down load the document www.eapceast.org

#### Work for changing of laws on opioids in Romania

The University of Wisconsin Pain & Policy Studies Group (PPSG) recently hosted a 5-person delegation from Romania to examine and recommend changes in the Romanian regulatory system. The purpose of this project is to make opioid analgesics more accessible to patients for pain relief and palliative care. The delegation included regulatory experts from the Ministry of Health, as well as representatives of oncology, palliative care, pharmacology and pharmacy.

In 2003, PPSG worked with a Palliative Care Commission in Romania to recommend changes to the national narcotics control law. This law dates from the Communist era, and severely limits the use of opioid analgesics in today's hospice and palliative care programs. During this recent visit, PPSG worked with the delegation to draft a regulation that will implement the new law and the simplified prescription system.

For further information about our work in Romania and Eastern Europe, please visit: <a href="http://www.medsch.wisc.edu/painpolicy/internat/E.Europe/Eastern\_Europe.htm">http://www.medsch.wisc.edu/painpolicy/internat/E.Europe/Eastern\_Europe.htm</a>
Pain & Policy Studies Group, University of Wisconsin Comprehensive Cancer Centre Madison, Wisconsin, USA

## A new hospice service is born in Russia

Please find an article with a brief account of a short course in palliative care run in Arzamas, near Nizhny Novgorod Russia, to down load from the web site www.eapceast.org

The first World Hospice and Palliative Care Day - Voices for Hospices will take place on Saturday October 8<sup>th</sup> 2005, The day will be a unified day of action to celebrate and support hospice and palliative care around the world and is being developed by 15 major voluntary organisations involved in the sector, from Eastern Europe, Africa, India,

Asia, Canada, Australia, the United States, Ireland and the UK.

The Day is open to any organisation or individual who cares about or is involved in hospice and palliative care anywhere in the world. An integral part of the day will be Voices For Hospices – the world's largest simultaneous singing event in aid of hospice care. Voices for Hospices, which in 2003 involved over 500 performances world-wide taking place over 24 hours, has raised more than £4.5 million since it started in 1991 and provides a simple way for people to raise both funds and awareness for local services. Read more www.voicesforhospices.org

We have already written about this coming event but we repeat it to make you remember to start planning if you have not already done so.

#### Aachen

Unfortunately there will be no grants to apply for to the EAPC conference in Aachen in Germany in April this year. We hope you will manage to get funding elsewhere.

#### **Future Newsletter comes from Budapest**

As you all know OSI has granted funds to support Hungary for two years to produce a palliative care IT- Newsletter. We congratulate the new editors and wish them good luck in an important networking work. Katalin Hegedus and Melinda Szöllosi will work with the Newsletter. The first Newsletter distributed from Budapest will appear already in February. In order to share and hand over the relay-race baton we will send them the e-mail address list we have used for our distribution of the EAPC-east Newsletter. This means you will regularly onwards get information about palliative care in Eastern Europe from Budapest.

Our web site will still be active for a while and we will a make the Newsletters available to down load from the eapceast web site. This means that we can be reached through e-mail either direct to our e-mail to Stockholms Sjukhem or if you prefer to send e-mail through the info address on the web site <a href="www.eapceast.org">www.eapceast.org</a> that is OK too <a href="mailto:info@eapceast.org">info@eapceast.org</a>

Good luck to Katalin and Melinda

And we hope to hear from you and see you in the future! All the best

Sylvia Sauter Carl Johan Fürst