

EAPC-East Newsletter
NR 23– June 2004

Information from Stresa, Italy EAPC 3rd research forum June 04

All of the EAPC congress Highlights can be down loaded from :

www.eapcnet.org/Research2004/forum/default.asp

There were not more than 19 delegates from Eastern Europe out of a total of 800 participants in the conference. Out of these 4 were OSI grantees and you will be able to read their reports in the Newsletter after the summer.

The next EAPC conference will be in Aachen, Germany, 6 – 10 April 2005 in both English and German and the theme is “Beyond the Border”.

You will find more information on the web site www.eapcnet.org/aachen2005

I know they are trying to find cheap/free accommodation in Aachen for those who can not spend so much money and please notice that there is a specially low registration fee for people coming from Eastern Europe. You might as well start saving now and use summer to write an abstract.....Deadline for abstract is 30 September 2004.

The first Austrian interdisciplinary Palliativ konferennz in Graz

Will be held in Graz, Austria 14-16 October 2004. Information and program

<http://palliativ2004.uni-graz.at/>

There are no actual bursaries to apply for but you can always get in contact with the organisers and make a personal request.

This months article from BMJ series on ABC on palliative care

is about Emergencies in palliative care and written by Stephen Falk and Marie Fallon. The article can be down loaded from the web site www.eapceast.org

Free publications on palliative care for patients – could it be useful in your setting?

The National Comprehensive Cancer Network, in collaboration with the American Cancer Society, has released The Advanced Cancer and Palliative Care Treatment Guidelines for Patients. Copies of this publication in English are available free of charge on NCCN's Web site at www.nccn.org

Russia and Russian

We are very proud and grateful to be able to present the EAPC-east Newsletter in Russian. The translation is done by Elena Vvedenskaya and the May 04 issue can be down loaded from the web site www.eapceast.org. Please tell your Russian speaking friends or print it out for them. Thank you so much Elena!

Palliative care – public health system, new approach in Russia

An ageing population, a growing incidence and prevalence of cancer, and an emerging HIV/AIDS epidemic make a compelling argument for immediate attention to be given to palliative care in current health care system reform discussions. In early 80th the WHO announced about the necessity of a new public health approach creation and has been applying great efforts for palliative care integration within the public health systems of different countries across the world. By 2002 WHO definition “palliative care is an approach which improves the quality of life of patients and their families facing life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychological and spiritual”.

This new public health approach has been developing in Russia since 1990 when the first hospice in St.-Petersburg was set up and now is gradually spreading in many regions. Elena Vvedenskaya, Nizhny Novgorod State Medical Academy, Nizhny Novgorod, Russia e-mail: vveden@mts-nn.ru
The full article in Russian can be down loaded from the web site: www.eapceast.org

New edition of Russian Palliative care book

The second edition of the book "Palliative Care. Short Manual" has been published in Russian by M.Y. Liptuga, I.V. Polyakov, T.M. Zelenskaya
To buy a book please contact on E-mail: cidc@cidc.ru

The same information in Russian

Вышла в свет монография *М.Е.Липтуга, И.В.Поляков, Т.М.Зеленская*

Паллиативная помощь. Краткое руководство (2-е издание)

По определению Всемирной Организации Здравоохранения, паллиативная помощь - это активная забота о пациентах, заболевания которых не поддаются излечению, направленная на удовлетворение физических, психологических, социальных и духовных потребностей пациента. В монографии отражены основные сведения по паллиативной помощи: представлены необходимые понятия об общем уходе, дефиниции и содержание принципов паллиативной помощи; психологические и социальные аспекты паллиативной помощи. Много внимания уделено вопросам привлечения волонтеров и негосударственных организаций к осуществлению паллиативной помощи; раскрыты проблемы организации и экономики паллиативной помощи. Монография предназначена для российских и иностранных студентов, медицинских сестер, социальных работников, врачей. Она может представлять интерес и для родственников пациентов, которые нуждаются в паллиативной помощи.

Издание выполнено в рамках программы Христианского межцерковного диаконического совета С.-Петербурга "Паллиативная помощь больным СПИДом и созависимым". По вопросам приобретения и распространения издания обращаться по адресу: Россия, 193167 С.-Петербург, наб. Обводного канала, 17, ХМДС

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Belgrade, Serbia & Montenegro a One day-day Educational symposium

on supportive care in cancer patients, Saturday, October 2nd, 2004. under the auspices of MASCC -Multinational Association of Supportive Care in Cancer

The goal of the course is to promote supportive care discipline in the region of Central and Eastern Europe. Topics are selected to cover evaluation and management of major symptoms experienced by cancer patients and of major toxicities induced by anticancer treatment.

Current management strategies will be reviewed and discussed by the many leading international experts in the field. For further information program etc please visit:

www.passport.zepter.co.yu/sccbgd

WHO booklets – "The solid facts on palliative care" and "Better Palliative care for Older People"

Palliative care is of growing public health importance and the booklet on "Palliative care for older people" is part of the WHO Regional Office for Europe's work to present evidence for health policy and decision-makers in a clear and understandable form. It presents the needs of older people, the different trajectories of illnesses they suffer, evidence of underassessment of

pain and other symptoms, their need to be involved in decision-making, evidence for effective palliative care solutions, and issues for the future.

The booklet “The Solid facts of cancer” explains why health services should provide good quality palliative care for all people facing serious chronic illness. It provides evidence for the effectiveness of palliative care, shows how it can be improved, and explains the need to ensure full access. The booklet also explores the varied cultural and health care contexts in different countries and reveals how to educate professionals and the public about these issues. Both booklets seek to broaden awareness, stimulate debate and promote action.

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Council of Europe recommendations on palliative care

The project goes on and we have already received information that translations are ready or almost ready or starting....some will be able to finance the printing and some will not. For those who apply for funding remember that the last day for a joint application is July 9, 2004.

Those who have declared their participation in the project will receive information to the contact person during the summer.

This is the last Newsletter before the summer and the next issue will be distributed in September. Keep a look on the web site on News/Archive as the web site will be updated continuously.

Keep in touch and let us hear from you!

Have a nice summer!

Sylvia Sauter

Carl Johan Fürst