

Dear Friends,

What a summer we all have had in Europe! A really hot summer, both days and nights. We know that many patients have been having hard times suffering with the heat. Anyway, for most of us a nice and warm summer gives new energy for our work.

Photo documentary on palliative care

Just a few lines on the exciting project to depict palliative everyday in a documentary. So far palliative care units from more than 10 countries have contributed. This fall we are making an exhibition with some of the photos and we are hoping to be able to let the exhibition circulate and hope many people will see it. If we are to widen the exhibition would you be interested to contribute? We would love to have even more countries and units take part. Let us hear from you.

Alternatives to the oral delivery of opioids

When oral opioids do not control cancer pain, other delivery options must be considered, and up to 70% of patients benefit from a change in route during the course of their disease, according to the current issue of Cancer Pain Release, the publication of the WHO Collaborating Centre for Policy and Communications in Cancer Care.

For a review of the benefits and risks associated with various opioid delivery methods to optimize cancer pain control, read the current issue online at:

http://www.WHOcancerpain.wisc.edu/eng/16_1-2/16_1-2.html

To subscribe and receive your own print copy of Cancer Pain Release, visit:

<http://www.WHOcancerpain.wisc.edu/feedback.html>

New Scholarly journal

Supportive Oncology, launched its first edition. The journal bridges oncology and palliative care and is anchored by EPEC leaders.

For more information, please visit the journal's web site:

www.supportiveoncology.net

Translation into Russian of articles from the EAPC conference in the Haag

When conferences take place some can take part on the spot while most are at home and continue to work. There were only 4 participants from Russia and only few from other Russian speaking countries.

Olga Usenko from Russia was one of the participants in the 8th EAPC conference in the Haag and has translated some of the lectures into Russian. Olga has very generously offered to send the translated articles to those of you who would like to read them or spread them to others who read Russian.

“How much palliative care do we need?” - Kathleen M Foley, USA

“Are we killing of morphine?” – Franco De Conno, Italy

“Geriatrics and palliative care: the best of two worlds” - Bernard Wary, France

“Are the Ethics of palliative care culturally dependent” - Diego Gracia, Spain

“Insights into genetics of mu-opioid analgetics: lessons from the clinic” – Gavril W Pasternak, USA

“The multidisciplinary team –fact or fiction?” Jessica Corner, UK

You are welcome to have the texts in Russian by e-mail direct from Olga:

usenko_olga@mail.ru

Plenary lectures and abstract books from the EAPC conference in the Haag

We have understood that there is a great interest to receive up to date written material on palliative care. We are pleased to be able to send both the abstract book (7 copies) and the book with the plenary lectures (10 copies) as well as the issue of the European Journal of palliative care March/April 2003 distributed at the conference.

Let me know if you have an interest in this offer. It is first come first served....

3rd Research Forum of the EAPC

The conference “Methodology for Palliative care Research” in Stresa, Lago Maggiore, Italy will take place Friday 4 – Sunday 6, 2004.

Last day for submitting abstract is October 19, 2003

Participation is limited to 500 delegates

Preliminary program, themes for abstracts as well as application forms and further information can be found at: www.eapcnet.org/research2004

Issue of British Medical Journal focuses on end of life care

A recent issue of the British Medical Journal (BMJ), titled, "What is a good death?" contains numerous articles on several end-of-life care topics. It is all free and if you are interested just download

<http://bmj.com/content/vol327/issue7408/?etoc>

Budapest meeting in October

In mid October there is going to be a meeting to support development of palliative care policies in more than 11 invited Central and Eastern European Countries. The program is made by OSI and we will report from the conference.

Please stay in touch!

What is happening in your country? Let us know about meetings, national organisations, education courses, reports etc. and we will be happy to distribute the information.

We are looking forward to your input on what is going on in the palliative world out there. Greetings from Stockholm!

Sylvia Sauter

Carl Johan Fürst