

St Christopher's Hospice Education Programme 2010

Course Date	Title of Event	Type of Event	Description of Event	Contact Name, Address, Telephone, Fax, Email	Website Address	Target Audience	Venue	Course Fee £
11-12 January and 11-12 March 2010. Further dates to be announced	Cognitive behavioural therapy: intermediate skills for palliative care practitioners	course	This course is targeted at therapists in palliative care whose primary role is to work with therapeutic aims, e.g. psychologists, social workers, psychiatrists and counsellors. It is desirable that course participants have had an introductory training in CBT as well as opportunities to have used the skills in practice. The course will recap on CBT theory and provide opportunities for skills practice (NICE Guidance in Supportive and Palliative Care Levels 3 and 4).	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P!	London	FOC
12-14 and 26-29 January and 18+25 February and 4+11+18 March 2010	Palliative care: advancing nursing practice	course	Developed in collaboration with King's College London (KCL), this course aims to facilitate the personal and professional development of palliative care nurses engaged in advancing nursing practice and palliative care service delivery. The aim is to equip practitioners to work effectively within their organisations and to apply key principles of advanced assessment and clinical examination skills to the development of their practice/service. The development of these skills will be underpinned by strategic concepts, appropriate theoretical frameworks and analytical tools, which will encourage practitioners to critically analyse the scope of their current role. The taught days will be held at both sites - the first three at KCL and the remaining nine at St Christopher's.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N!	London	KCL Course Fees
15/01/2010	Primary schools and bereavement	course	A day for primary school staff whose work brings them into contact with bereaved children. We will cover the following topics: children's understanding of and responses to the terminal illness and death of a parent or carer; bereavement reactions; other losses e.g. of siblings, of school friends; what schools can do to help bereaved children; dealing with crisis and critical incidents in schools and resources available to support staff in this work.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£90
27-28 January, 7-8 April and 16-17 September 2010	Challenging Conversations in end of life: communication for professionals including advance care planning	course	This is a two day communication skills course which is aimed at qualified professionals who regularly contribute to the management of care of people approaching the end of life. It aims to equip them to listen to and sensitively explore needs and preferences regarding issues of care. Through exploration of theoretical principles of communication and advance care planning and practical workshops, the course will encourage participants to reflect on their own misconceptions, blocks and anxieties and to develop a strategy for future practice development.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£180

St Christopher's Hospice Education Programme 2010

05/02/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
8-12 February 2010	Challenges for chaplaincy and spiritual care workers in palliative care	course	This five day course will include seminars on: theological, spiritual, pastoral and worship issues related to our work; the management of our role and our place in the organisation; working with loss - patients', families' and our own; 'a hospice spirituality?'; bereaved children; caring for staff and oneself; secular spirituality; theology of death and grief. Teaching will include multi-professional input from medical, social work and nursing staff and will encourage participation from course members.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£375
11/02/2010	Think Tank	seminar	A forum for palliative care physicians in the London and South Eastern regions to explore problems in clinical management. There will be discussions of case histories and audits, with the participation of invited experts from outside the specialty.	Lisa Lewis, St Christopher's Hospice, London, Tel: 020 8768 4551, Email: l.lewis@stchristophers.org.uk	www.stchristophers.org.uk/education	D	London	free
15-17 February 2010	Leading an empowered organisation	course	Leading an Empowered Organisation is a national three-day leadership programme accredited by Leeds University. The course has been expanded and updated. The course is learner-centred and builds on participants' experiences and challenges of being a leader. The course is a tool kit for managing unhealthy behaviours in an assertive, encouraging manner. It introduces and builds on the following concepts: centralised and decentralised organisations, the role of leader versus manager, articulated expectation, killer phrases, situational leadership, positive discipline, unhealthy behaviours in organisations and individuals, and replacement behaviours and problem solving model.	Saima Kash Network Administrator SE London Cancer Network Email: saima.kash@gstt.nhs.uk Tel: 020 7188 7089	www.stchristophers.org.uk/education	A	London	free
12-14 and 26-29 January and 18+25 February and 4+11+18 March 2010	Palliative care: advancing nursing practice	course	Developed in collaboration with King's College London (KCL), this course aims to facilitate the personal and professional development of palliative care nurses engaged in advancing nursing practice and palliative care service delivery. The aim is to equip practitioners to work effectively within their organisations and to apply key principles of advanced assessment and clinical examination skills to the development of their practice/service. The development of these skills will be underpinned by strategic concepts, appropriate theoretical frameworks and analytical tools, which will encourage practitioners to critically analyse the scope of their current role. The taught days will be held at both sites - the first three at KCL and the remaining nine at St Christopher's.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N!	London	KCL Course Fees

St Christopher's Hospice Education Programme 2010

23/02/2010	Improving end of life care using a competency framework	course	This day is designed for clinical managers and experienced nurses from all care settings. It will equip managers to implement the end of life competency framework. Participants will have an opportunity to reflect on the following: why dying people often seem to have a poor experience of care; the responsibility of nursing and care staff to provide skilled and competent end of life care; what competencies are and what they are not; how to implement them; and how to improve the care your staff deliver at the end of life.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	N, N!	London	£90
12-14 and 26-29 January and 18+25 February and 4+11+18 March 2010	Palliative care: advancing nursing practice	course	Developed in collaboration with King's College London (KCL), this course aims to facilitate the personal and professional development of palliative care nurses engaged in advancing nursing practice and palliative care service delivery. The aim is to equip practitioners to work effectively within their organisations and to apply key principles of advanced assessment and clinical examination skills to the development of their practice/service. The development of these skills will be underpinned by strategic concepts, appropriate theoretical frameworks and analytical tools, which will encourage practitioners to critically analyse the scope of their current role. The taught days will be held at both sites - the first three at KCL and the remaining nine at St Christopher's.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N!	London	KCL Course Fees
09-mar-10	Colin Murray Parkes open meetings: Sudden bereavement masterclass	course	This is Masterclass will consider the needs and issues relating to sudden bereavement of adults as well as children.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£30
10-mar-10	Oncology for Palliative Care Nurses	course	This study day is intended for nurses and allied health professionals who have little or no specialist oncology experience but who, within their practice setting, are often required to give care to patients with a cancer diagnosis.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	HA, N, N!	London	£90
11-12 January and 11-12 March 2010. Further dates to be announced	Cognitive behavioural therapy: intermediate skills for palliative care practitioners	course	This course is targeted at therapists in palliative care whose primary role is to work with therapeutic aims, e.g. psychologists, social workers, psychiatrists and counsellors. It is desirable that course participants have had an introductory training in CBT as well as opportunities to have used the skills in practice. The course will recap on CBT theory and provide opportunities for skills practice (NICE Guidance in Supportive and Palliative Care Levels 3 and 4).	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P!	London	FOC

St Christopher's Hospice Education Programme 2010

16-17 March 2010	The sharp end of pain control	course	This two-day course will offer participants an up-to-date insight into the management of pain in the palliative care population, including those cared for in a hospital, hospice or home environment. It will define the place of interventional procedures and new drugs appropriate to this group of patients. Teaching will include practical demonstrations of neural blockade techniques. There will be opportunity for participants to discuss patients they are currently caring for. The course lasts two days and is run jointly by St Christopher's Hospice and the Pain Relief Unit at King's College Hospital, London.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristopher s.org.uk	www.stchristophers.org.uk/education	DI, NI	London	£180
19-mar-10	The Cicely Saunders Series 2010: Time as a Gift? Volunteering in Hospices and Palliative Care in the UK		This day will examine the changing culture of volunteering in end of life care. Issues such as: • What roles should volunteers provide? • How should we train volunteers? • How can we develop competences for volunteers? • How do we communicate with volunteers? • How do we inform volunteers about organisational objectives and activities	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristopher s.org.uk	www.stchristophers.org.uk/education	A	London	£100
25/03/2010	Advance care planning	course	Advance Care Planning (ACP) is the process of discussing and planning ahead in anticipation of some deterioration in a person's condition. One of the key elements to support people at the end of their lives is to find out what their preferences and wishes are in relation to where and how they would like to be cared for; ACP supports this. Highlighted as one of the most difficult areas for health care professionals, advance care planning can greatly help guide patients, families and professionals in decision making for care at the end of life. This course will aim to teach the value of good communication skills in the context of difficult and often distressing circumstances as well as give candidates an opportunity to see and practise the skills required.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers. org.uk	www.stchristophers.org.uk/education	M!	London	£50
March 2010	Postgraduate certificate in working with bereaved adults	course	The PG Cert will facilitate a critical appraisal of: evidence and practice in relation of bereavement care; the need for bereavement services; the planning and organisation of bereavement care; service-user and professional perspectives; community, hospital and hospice contexts of care. Guest lectures will be given by expert practitioners from related disciplines. The course is taught as two modules on a part-time basis over nine months.	Administrative Office, Help the Hospices, London, Tel: 020 7520 8200, Email: bereavement@helptheho spices.org.uk	www.stchristophers.org.uk/education	M	London	£2.700

St Christopher's Hospice Education Programme 2010

7-8 April 2010	Challenging Conversations in end of life: communication for professionals including advance care planning	course	This is a two day communication skills course which is aimed at qualified professionals who regularly contribute to the management of care of people approaching the end of life. It aims to equip them to listen to and sensitively explore needs and preferences regarding issues of care. Through exploration of theoretical principles of communication and advance care planning and practical workshops, the course will encourage participants to reflect on their own misconceptions, blocks and anxieties and to develop a strategy for future practice development.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£180
09/04/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
13/04/2010	Cognitive behavioural therapy: introductory day	course	This course is designed for clinicians working in oncology and palliative care settings, who are involved in providing general emotional support for patients and carers. These practitioners are often involved in managing significant levels of emotional distress and will already have experience of using basic communication skills in order to establish supportive relationships with patients/carers. Delegates are not required to have any previous knowledge of CBT, the course aims to provide a basic introduction to CBT and is particularly suitable for those practising at Level 1 of the NICE Guidance in Supportive and Palliative Care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	D, N, P	London	£90
21/04/2010	Getting competent and feeling confident: skills development for activity co-ordinators	course	A series of half-day sessions aimed at those who have the responsibility to support patients and residents within health and social care settings through providing diversion, activity or therapeutic experience. We aim to explore ideas and develop competencies needed in order to use a range of the arts including painting, creative writing, music, photography and craftwork with people facing life-limiting conditions including the elderly and those living with terminal illness, including dementia. In between attending the sessions it is expected that participants will practise what they have learned and then feedback and share their experiences in the following sessions.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£35

St Christopher's Hospice Education Programme 2010

26-28 April 2010	Foundations in end of life care for health care assistants	course	This course will enable the participants to develop skills and knowledge related to the care of the dying person and their family. The course is comprised of six mandatory units taught by clinicians from St Christopher's Hospice. The subjects will be introduced using participatory methods, ensuring opportunities for individual reflection and sharing of ideas. Accreditation will be assessed through the completion of a Knowledge Assessment Workbook. The course will also contribute to the underpinning knowledge required for NVQ Levels 2 & 3 in Health and Social Care.	Deborah Holman, St Christopher's Hospice, London, Tel: 020 8768 4515, Email: d.holman@stchristophers.org.uk	www.stchristophers.org.uk/education	HA	London	£285
29-30 April 2010 and 7-9 June 2010	Management course for specialist registrars, new consultants and NCCG doctors in palliative medicine	course	This course is a joint project between St Christopher's Hospice, Trinity Hospice and Princess Alice Hospice. The aim is to build effective management skills and abilities, enhance practical management skills and to address current curriculum training requirements. Split into two modules, Module One: Leadership and management of individuals and teams, takes place at Trinity Hospice while Module Two: Managing the organisation, interfacing with the external environment and governance and legal issues takes place at St Christopher's Hospice.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	D	London	£600
4-6 and 24-26 May 2010	Foundations in palliative care	course	This six-day course has been developed in collaboration with King's College London (KCL) and can be taken as a 15-credit module at either level 5 (previously level 2) or level 6 (previously level 3). It aims to address the key principle of specialist palliative care, the fundamentals of symptom management within palliative care, establishing relationships with patients and their families and issues surrounding end of life care, with teaching mainly by clinicians from St Christopher's. It will run over two three day blocks and will be assessed by a clinically-based workbook and written assignment.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N, N!	London	KCL Course Fees

St Christopher's Hospice Education Programme 2010

06/05/2010	Joint MND conference with King's College Hospital	conference	<p>Presentations at this conference will include a critical overview of the latest research and clinical trials, the management of cognitive and resulting behaviour change and complex symptom control. Workshop topics will include ventilation, nutrition, spiritual resilience, multi-disciplinary working, caring for carers and care and choices at the end of life. Following feedback from last year's event, we have introduced a new session giving the opportunity for delegates to raise difficult clinical issues and discuss ethical dilemmas in a structured question and answer session with a panel of expert practitioners from different professional backgrounds. The day should help both to inform and engage delegates in discussion in order to help manage the complexities of this challenging disease. The conference will take place at the Weston Education Centre, King's College Hospital.</p>	<p>Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk</p>	<p>www.stchristophers.org.uk/education</p>	D, N, P	London	£100
07/05/2010	Friday visits to St Christopher's Hospice	study day	<p>Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.</p>	<p>Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk</p>	<p>www.stchristophers.org.uk/education</p>	A	London	£50
10-14 May 2010	Multi-professional week in palliative care	course	<p>This established course provides an opportunity for health and social care professionals from a variety of settings and countries to work together on exploring the key principles of palliative care and multi-professional working. It will enable members to develop greater confidence in the practice of their palliative care skills within their own clinical area and in multi-professional teams.</p>	<p>Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk</p>	<p>www.stchristophers.org.uk/mpweek</p>	M!	London	£700
20/05/2010	Think Tank	seminar	<p>A forum for palliative care physicians in the London and South Eastern regions to explore problems in clinical management. There will be discussions of case histories and audits, with the participation of invited experts from outside the specialty.</p>	<p>Lisa Lewis, St Christopher's Hospice, London, Tel: 020 8768 4551, Email: l.lewis@stchristophers.org.uk</p>	<p>www.stchristophers.org.uk/education</p>	D	London	free

St Christopher's Hospice Education Programme 2010

4-6 and 24-26 May 2010	Foundations in palliative care	course	This six-day course has been developed in collaboration with King's College London (KCL) and can be taken as a 15-credit module at either level 5 (previously level 2) or level 6 (previously level 3). It aims to address the key principle of specialist palliative care, the fundamentals of symptom management within palliative care, establishing relationships with patients and their families and issues surrounding end of life care, with teaching mainly by clinicians from St Christopher's. It will run over two three day blocks and will be assessed by a clinically-based workbook and written assignment.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N, N!	London	KCL Course Fees
June 2010 to May 2011	Gold Standards Framework in Care Homes (GSFCH)	course	The GSFCH programme, supported by the Department of Health, is one of the biggest, most comprehensive programmes ever undertaken to enhance end of life care in care homes. The programme is a structured yet flexible framework aiming to build a step by step approach to improve the supportive and palliative care for people as they near the end of their lives. It is based on best available evidence, real grass roots experience and shared learning. St Christopher's is an approved GSF Care Homes Training Centre. The programme is facilitated over one year with workshops and aims to improve the quality of care for people nearing the end of life, improve collaboration between care homes and GP/primary care and specialist palliative care teams and reduce the number of hospital admissions in the last stage of life and enable more people to die in their care home.	Deborah Holman or Jo Hockley, St Christopher's Hospice, London, Tel: 020 8768 4558, Email: d.holman@stchristophers.org.uk or j.hockley@stchristophers.org.uk	www.stchristophers.org.uk/education	HA	London	on application
03-giu-10	Cancer and Palliative Care for Complementary Therapists	course	Statistics show that 1 in 3 people will develop cancer and that around 30% of all people with a cancer diagnosis will use complementary therapies alongside their conventional treatment. This study day is aimed at qualified therapists (aromatherapy, massage, reflexology) who have an interest in, or are new to, this specialist area. Topics covered will include: cancer and the cancer journey; current orthodox treatments; impact upon the person; 'why me?' and communication issues; adaptation of complementary therapies; self-care for the therapist.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	N, HA, M	London	£60

St Christopher's Hospice Education Programme 2010

29-30 April 2010 and 7-9 June 2010	Management course for specialist registrars, new consultants and NCCG doctors in palliative medicine	course	This course is a joint project between St Christopher's Hospice, Trinity Hospice and Princess Alice Hospice. The aim is to build effective management skills and abilities, enhance practical management skills and to address current curriculum training requirements. Split into two modules, Module One: Leadership and management of individuals and teams, takes place at Trinity Hospice while Module Two: Managing the organisation, interfacing with the external environment and governance and legal issues takes place at St Christopher's Hospice.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristopher s.org.uk	www.stchristophers.org.uk/education	D	London	£600
10-giu-10	The Cicely Saunders Series 2010: Cross- Cultural Practice with families in end of life care	course	This study day will address some of the dilemmas, conflicts and practical difficulties encountered when working with families whose outlook on end of life and death is based on a cultural heritage that poses challenges for the western model of end of life care. Working in large and small groups with real case examples in order to develop our skills in these potentially difficult conversations and cross-cultural practice.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristopher s.org.uk	www.stchristophers.org.uk/education	A	London	£100
11/06/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers. org.uk	www.stchristophers.org.uk/education	A	London	£50
16-17 June and 4 November 2010	Cognitive behavioural therapy in cancer and palliative care: 'first aid' training in basic skills	course	This three day course is designed for clinicians working in oncology and palliative care settings, whose role specifically includes the provision of psychological care for patients and carers. These practitioners will already be involved in assessing for psychological distress and providing appropriate psychological and/or supportive interventions. Delegates may already have an understanding of CBT and its application, however this is not a requirement for attendance. The course is particularly suitable for those practising at Level 2 of the NICE Guidance in Supportive and Palliative Care. The time period between day two and three of the course is designed to allow delegates to practise acquired skills in their various settings - the final day of the course will allow time for discussion about these experiences, including how to manage any particular difficulties/challenges.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristopher s.org.uk	www.stchristophers.org.uk/education	P	London	£300

St Christopher's Hospice Education Programme 2010

18/06/2010	Palliative care in Italy and the UK: learning together	study day	A one-day intensive study day held in Italian. Speakers will present their lectures in Italian or through an interpreter. If you are a health professional (doctor, nurse, care assistant, pharmacist, psychologist, chaplain or social worker) or an administrator and have always wanted to come to St Christopher's but the language has stopped you ... this is your opportunity!	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M	London	£125
24/06/2010	Secondary schools and bereavement	course	A day for secondary school staff whose work brings them into contact with bereaved young people. We will cover the following topics: young people's understanding of and responses to the terminal illness and death of a parent or carer; bereavement reactions; other losses e.g. of siblings, of school friends; what schools can do to help bereaved young people; dealing with crisis and critical incidents in schools and resources available to support staff in this work.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£90
30-jun-10	Colin Murray Parkes open meetings: Web Resources and Bereavement	course	The web is an ever increasing source of information, advice and possible therapy for many bereaved people and their supporters. This session will consider the potential and dangers of these new types of intervention.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£30
30/06/2010	Getting competent and feeling confident: skills development for activity co-ordinators	course	A series of half-day sessions aimed at those who have the responsibility to support patients and residents within health and social care settings through providing diversion, activity or therapeutic experience. We aim to explore ideas and develop competencies needed in order to use a range of the arts including painting, creative writing, music, photography and craftwork with people facing life-limiting conditions including the elderly and those living with terminal illness, including dementia. In between attending the sessions it is expected that participants will practise what they have learned and then feedback and share their experiences in the following sessions.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£35
06/07/2010	Young people facing bereavement	course	A course for those who work directly with young people and wish to learn more about their needs in facing loss and in bereavement. We will be looking at how young people grieve, different approaches and skills in supporting them and difficult issues such as bereavement by suicide. Topics include: professional issues in working with adolescents; understanding grief and mourning; tasks of adolescence in bereavement; direct work with young people; managing our own feelings; family and community networks.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M	London	£90

St Christopher's Hospice Education Programme 2010

08/07/2010	Advance care planning	course	Advance Care Planning (ACP) is the process of discussing and planning ahead in anticipation of some deterioration in a person's condition. One of the key elements to support people at the end of their lives is to find out what their preferences and wishes are in relation to where and how they would like to be cared for; ACP supports this. Highlighted as one of the most difficult areas for health care professionals, advance care planning can greatly help guide patients, families and professionals in decision making for care at the end of life. This course will aim to teach the value of good communication skills in the context of difficult and often distressing circumstances as well as give candidates an opportunity to see and practise the skills required.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M!	London	£50
19/07/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
03/09/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
8-10 September 2010	Foundations in end of life care for health care assistants	course	This course will enable the participants to develop skills and knowledge related to the care of the dying person and their family. The course is comprised of six mandatory units taught by clinicians from St Christopher's Hospice. The subjects will be introduced using participatory methods, ensuring opportunities for individual reflection and sharing of ideas. Accreditation will be assessed through the completion of a Knowledge Assessment Workbook. The course will also contribute to the underpinning knowledge required for NVQ Levels 2 & 3 in Health and Social Care.	Deborah Holman, St Christopher's Hospice, London, Tel: 020 8768 4515, Email: d.holman@stchristophers.org.uk	www.stchristophers.org.uk/education	HA	London	£285

St Christopher's Hospice Education Programme 2010

16-17 September 2010	Challenging Conversations in end of life: communication for professionals including advance care planning	course	This is a two day communication skills course which is aimed at qualified professionals who regularly contribute to the management of care of people approaching the end of life. It aims to equip them to listen to and sensitively explore needs and preferences regarding issues of care. Through exploration of theoretical principles of communication and advance care planning and practical workshops, the course will encourage participants to reflect on their own misconceptions, blocks and anxieties and to develop a strategy for future practice development.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£180
21/09/2010	The Cicely Saunders Series 2010: Brief Interventions for Children Facing Bereavement	course	This course addresses and explains the theoretical concepts and practical implications behind the idea of brief work with bereaved children and families. Flexible and accessible short-term services delivered at the right time underpin the strengths of bereaved children, supporting their recovery rather than pathologizing the grief process. In this way, the course also speaks to the current interest in the concept of resilience and working with families' strengths and possibilities rather than merely identifying their problems.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£100
22/09/2010	"I don't know what to say..."	workshop	A workshop for non-clinical support staff: secretarial, clerical or administrative personnel, domestic and catering staff, porters and maintenance staff from hospitals, hospices, care homes or social services. Unexpected telephone calls or meetings in corridors can lead to awkward situations and not knowing what to say. The workshop will present an overview of loss and bereavement and the varied reactions to these experiences. We will explore the basics of good communication skills and ways of responding to people who may be distressed or angry.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£90
23/09/2010	Colin Murray Parkes Open Meetings: A Live Supervision Masterclass	course	Dr Colin Murray Parkes will be conducting a live supervision/consultation session with a bereavement professional/volunteer. Limited audience.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£30
1 September-1 October	Multi-professional week in palliative care	course	This established course provides an opportunity for health and social care professionals from a variety of settings and countries to work together on exploring the key principles of palliative care and multi-professional working. It will enable members to develop greater confidence in the practice of their palliative care skills within their own clinical area and in multi-professional teams.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/mpweek	M!	London	£700

St Christopher's Hospice Education Programme 2010

starts September 2010	Undergraduate diploma/postgraduate certificate in childhood bereavement	course	St Christopher's Hospice and Help the Hospices are working in partnership to deliver the UK's first stand-alone university-validated programmes in Childhood Bereavement. Teaching is led by staff from the Candle Project which provides bereavement support to children and families in south east London. These innovative programmes, validated by Middlesex University, are offered as an Undergraduate Diploma and a Postgraduate Certificate. The Diploma/Certificate is part-time over one year and is taught over two weekend sessions at St Christopher's Hospice and six Fridays at Help the Hospices. While these programmes offer a unique opportunity to link theory to practice they do not offer a counselling qualification but are open to professionals and experienced volunteers working with bereaved children, young people and their families.	Administrative Office, Help the Hospices, London, Tel: 020 7520 8200, Email: bereavement@helpthehospices.org.uk	www.stchristophers.org.uk/education	A	London	Undergraduate Diploma: £2,040, Postgraduate Certificate: £2,400
4-6 October and 1-3 November 2010	Foundations in palliative care	course	This six-day course has been developed in collaboration with King's College London (KCL) and can be taken as a 15-credit module at either level 5 (previously level 2) or level 6 (previously level 3). It aims to address the key principle of specialist palliative care, the fundamentals of symptom management within palliative care, establishing relationships with patients and their families and issues surrounding end of life care, with teaching mainly by clinicians from St Christopher's. It will run over two three day blocks and will be assessed by a clinically-based workbook and written assignment.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N, N!	London	
12/10/2010	Advance Care Planning	course	Advance Care Planning (ACP) is the process of discussing and planning ahead in anticipation of some deterioration in a person's condition. One of the key elements to support people at the end of their lives is to find out what their preferences and wishes are in relation to where and how they would like to be cared for; ACP supports this. Highlighted as one of the most difficult areas for health care professionals, advance care planning can greatly help guide patients, families and professionals in decision making for care at the end of life. This course will aim to teach the value of good communication skills in the context of difficult and often distressing circumstances as well as give candidates an opportunity to see and practise the skills required.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M!	London	£50

St Christopher's Hospice Education Programme 2010

14-15 October 2010	French conference: putting palliative care into practice	conference	Two days at St Christopher's - a chance to explore the range of services offered by the hospice, and the principles and practice of palliative care in other settings, to determine what really works in palliative care. The meeting will be held entirely in the French language.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M	London	£250
18-22 October 2010	Postgraduate certificate in working with bereaved adults	course	The PG Cert will facilitate a critical appraisal of: evidence and practice in relation of bereavement care; the need for bereavement services; the planning and organisation of bereavement care; service-user and professional perspectives; community, hospital and hospice contexts of care. Guest lectures will be given by expert practitioners from related disciplines. The course is taught as two modules on a part-time basis over nine months.	Administrative Office, Help the Hospices, London, Tel: 020 7520 8200, Email: bereavement@helpthehospices.org.uk	www.stchristophers.org.uk/education	M	London	£2.700
22/10/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
25-26 October 2010	Physiotherapy in Europe and Beyond	course	Following the success of the EAPC Physio Pre-meeting in Vienna 2009, the physiotherapy team at St Christopher's is collaborating with members of the working party from that event to host 2 days of study where physiotherapists from Europe and further afield will meet to present examples of innovative clinical practice, research projects, and plan future initiatives in the field of palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P, P!	London	£200
28/10/2010	Think Tank	seminar	A forum for palliative care physicians in the London and South Eastern regions to explore problems in clinical management. There will be discussions of case histories and audits, with the participation of invited experts from outside the specialty.	Lisa Lewis, St Christopher's Hospice, London, Tel: 020 8768 4551, Email: l.lewis@stchristophers.org.uk	www.stchristophers.org.uk/education	D	London	free
October 2010	9th annual study day for palliative care pharmacists	conference	The day will involve lectures and updates on areas of particular interest to palliative care pharmacists and an opportunity to display posters and to share projects they have been involved in over the past year. The day will include the AGM for the PCPN. This conference will be held this year at Hospice House, London	Margaret Gibbs, St Christopher's Hospice, Email: m.gibbs@stchristophers.org.uk	www.pcpn.org.uk	P	London	

St Christopher's Hospice Education Programme 2010

1-3 November 2010	Foundations in palliative care	course	This six-day course has been developed in collaboration with King's College London (KCL) and can be taken as a 15-credit module at either level 5 (previously level 2) or level 6 (previously level 3). It aims to address the key principle of specialist palliative care, the fundamentals of symptom management within palliative care, establishing relationships with patients and their families and issues surrounding end of life care, with teaching mainly by clinicians from St Christopher's. It will run over two three day blocks and will be assessed by a clinically-based workbook and written assignment.	Liz Bryan, St Christopher's Hospice, London, Tel: 020 8768 4711, Email: l.bryan@stchristophers.org.uk	www.kcl.ac.uk/schools/nursing	N, N!	London	
03/11/2010	GP vocational training day	course	The day brings together GP trainees from a number of different areas in South London to look at major palliative care issues. Pain and other symptoms, management of patients in the community and ethical and family issues are all covered. Lectures, case discussions and group work will be included. There is an optional tour of the hospice at the end of the day.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	D	London	£25
04-nov-10	Cognitive behavioural therapy in cancer and palliative care: 'first aid' training in basic skills	course	This three day course is designed for clinicians working in oncology and palliative care settings, whose role specifically includes the provision of psychological care for patients and carers. These practitioners will already be involved in assessing for psychological distress and providing appropriate psychological and/or supportive interventions. Delegates may already have an understanding of CBT and its application, however this is not a requirement for attendance. The course is particularly suitable for those practising at Level 2 of the NICE Guidance in Supportive and Palliative Care. The time period between day two and three of the course is designed to allow delegates to practise acquired skills in their various settings - the final day of the course will allow time for discussion about these experiences, including how to manage any particular difficulties/challenges.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£300

St Christopher's Hospice Education Programme 2010

05/11/2010	National Symposium for the arts and the creativity in end of life care	course	This conference aims to examine and celebrate the effects of arts services that have developed as part of the end of life care agenda. The arts provide a range of possibilities for users to explore strange and unfamiliar emotions as well as capturing life stories, creating legacies, and gaining new experiences of themselves. The arts also bring a range of dynamics both to organisations and the disciplines that work within them, giving a forum for developing a better understanding of teamwork. Presentations from key practitioners and policy makers in the field, as well as workshops on the current challenges and changes that are being faced in the sector, aim to provide a forum for lively and dynamic interchange.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£100
09/11/2010	Working with children facing loss and bereavement	workshop	This workshop aims to give the participants an understanding of the issues for children aged 11 and under facing bereavement. We will look at children's understanding of death and how they can be supported during the terminal illness of someone close to them. We will also focus on enhancing skills and confidence in working with children who are bereaved.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	M	London	£90
12/11/2010	Colin Murray Parkes Open Meetings: Problematic, abnormal, unhealthy grief - a debate	course	Chaired by Christine Murray, Bereavement Service Co-ordinator, St Christopher's Hospice Proposer – Dr Colin Murray Parkes, Emeritus Consultant Psychiatrist, St Christopher's Hospice and Life President of Cruse Bereavement Care Opposer – Dr Sharon Cornford, Bereavement Services Manager and Psychotherapist, St Joseph's Hospice	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£30
12/11/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50
15/11/2010	Libraries in hospices: a networking day	study day	The purpose of this study day is threefold: to explore the current state of hospice libraries with contributions from various people involved in managing them; to ensure that hospices take full advantage of National Library for Health resources; to promote cooperation between hospice libraries and between other providers of health information.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£45

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17/11/2010	Getting competent and feeling confident: skills development for activity co-ordinators	course	A series of half-day sessions aimed at those who have the responsibility to support patients and residents within health and social care settings through providing diversion, activity or therapeutic experience. We aim to explore ideas and develop competencies needed in order to use a range of the arts including painting, creative writing, music, photography and craftwork with people facing life-limiting conditions including the elderly and those living with terminal illness, including dementia. In between attending the sessions it is expected that participants will practise what they have learned and then feedback and share their experiences in the following sessions.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	P	London	£35
10/12/2010	Friday visits to St Christopher's Hospice	study day	Friday visits offer a learning and networking opportunity and provide fascinating insights into the world of hospices and palliative care. All programmes include a range of talks, a tour of the hospice, library, bookshop and a brief visit to a ward. Most groups comprise a diverse range of professionals and volunteers connected by their interest in palliative care.	Education Administrator, St Christopher's Hospice, London, Tel: 020 8768 4656, Fax: 020 8776 5838, Email: education@stchristophers.org.uk	www.stchristophers.org.uk/education	A	London	£50