

## FIFTH BRISTOL OPIOID CONFERENCE

In association with the EAPC and the EPCRC

“Revising the EAPC recommendations on  
opioids in cancer pain”

**Monday 8 & Tuesday 9 February 2010**

**Venue: The Bristol Hotel, Prince Street, Bristol, BS1 4QF**



CPD accreditation applied for

## Monday 8 February

09.00	<b>Registration/ Welcome</b>	
09.30	Evidence based medicine: what is the evidence that it has made a difference?	Henry McQuay
10.00	Cancer pain relief: what are the issues in 2009?	Geoffrey Hanks
10.15	The EAPC Research Network	Franco de Conno
10.30	Assessment and classification of cancer pain: are international recommendations emerging?	Stein Kaasa
11.00	<b>Coffee</b>	
11.30	The EPCRC Opioid Guidelines Project	Augusto Caraceni
11.45	Opioid of first choice	Augusto Caraceni
12.05	Dose titration	Pål Kelpstad
12.25	Opioid rotation	Stein Kaasa & Ola Dale
12.45	<b>Lunch</b>	
13.45	Hydromorphone	Mike Bennett
14.05	Oxycodone	Colette Reid
14.25	Methadone	Nathan Cherny
14.45	Transdermal fentanyl/transdermal buprenorphine	Augusto Caraceni
15.05	<b>Tea</b>	
15.35	Equianalgesic dose ratios	Sebastiano Mercadante
15.55	NSAIDS	Maria Jose Redondo & Maria Nabal
16.15	Step 2 opioids	tbc
16.35	Place of step 2 in cancer pain relief	Geoffrey Hanks
16.55	Discussion/Review of day	Kathy Foley (Chair) & Jim Cleary
17.30	<b>Close</b>	

## Tuesday 9 February

09.00	<b>Coffee</b>	
09.30	How well do we treat cancer pain?	Kathy Foley
09.50	Breakthrough pain	John Zeppetella
10.10	Adjuvant analgesics: ketamine	Eija Kalso
10.30	<b>Coffee</b>	
11.00	Adjuvant analgesics: antidepressants, anticonvulsants	Mike Bennett
11.20	Management of GI adverse effects of opioids	Gitte Juhl
11.40	Management of CNS adverse effects	Paddy Stone
12.00	Patients with liver impairment	Magdi Hanna
12.20	<b>Lunch</b>	
13.20	Patients with renal impairment	Karen Forbes
13.40	Opioid combinations	Marie Fallon
14.00	Alternative routes of administration	Lukas Radbruch
14.20	<b>Tea</b>	
14.50	Spinal opioids	Per Sjogren
15.10	Discussion/Review of day	Kathy Foley (Chair) & Eduardo Bruera
15.45	Next steps	Augusto Caraceni
16.00	<b>Close</b>	

## Faculty

*The EAPC guidelines on opioids for cancer pain relief have been widely influential (BMJ 1996;312:823-6 and Br J Cancer 2001;84:587-93). The guidelines are being updated as part of the European Palliative Care Research Collaboration (EPCRC), funded by the 6<sup>th</sup> Framework Programme of the EU. 17 research groups are involved in the revision of the guidelines and they provide the faculty for this conference. Each group has formulated a clinical recommendation on the basis of a systematic review of evidence for each topic to be included in the guidelines. Eminent authorities from outside Europe will act as discussants.*

- Prof Mike Bennett, International Observatory on End of Life Care, Lancaster University, UK
- Prof Eduardo Bruera, MD Anderson Hospital, Houston, Texas, USA
- Dr Augusto Caraceni, National Cancer Institute, Milan, Italy
- Dr Nathan Cherny, Shaare Zedek Medical Centre, Jerusalem, Israel
- Dr Jim Cleary, University of Wisconsin, Madison, USA
- Prof Ola Dale, Norwegian University of Science and Technology, Trondheim, Norway
- Dr Franco de Conno, National Cancer Institute, Milan, Italy
- Prof Marie Fallon, University of Edinburgh, UK
- Dr Kathy Foley, Memorial Sloan Kettering Cancer Center, New York, USA
- Prof Karen Forbes, University of Bristol, UK
- Prof Geoffrey Hanks, University of Bristol, UK
- Dr Magdi Hanna, King's College London, UK
- Dr Gitte Juhl, Herlev University Hospital, Herlev, Denmark
- Prof Stein Kaasa, University of Trondheim, Norway
- Prof Pål Klepstad, Norwegian University of Science and Technology, Trondheim, Norway
- Prof Henry McQuay, Nuffield Professor of Anaesthetics, University of Oxford, UK
- Dr Sebastiano Mercadante, La Maddalena Cancer Centre, Palermo, Italy
- Dr Maria Nabal, Hospital Universitario Arnau de Vilanova, Spain
- Prof Lukas Radbruch, University of Aachen, Germany
- Dr Colette Reid, Gloucester Royal Infirmary, UK
- Dr Per Sjogren, Rigshospitalet, Copenhagen, Denmark
- Dr Paddy Stone, St George's, University of London, UK
- Dr John Zeppetella, St Clare Hospice, Essex, UK

## Registration and fees

Doctors £295

Clinical Nurse Specialists £175

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Job title.....

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Tel.....Fax.....

Email.....

Special dietary / other requirements.....

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Cancellations must be made in writing and are subject to a 10% administration fee. No refunds will be made for cancellations notified **within 2 weeks** of the event, but substitute delegates will be accepted.

Please return completed registration form to: Debbie Ashby, Department of Palliative Medicine, Bristol Haematology and Oncology Centre, Horfield Road, Bristol, BS2 8ED, UK

Tel: + 44 (0)117 342 3336 Fax: +44 (0)117 342 3865 [Debbie.Ashby@bristol.ac.uk](mailto:Debbie.Ashby@bristol.ac.uk)

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