Factors contributing to studies failing

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Developing a clinical study

- Inventive question
- Sound methods
- Feasibility
- > High quality study protocol:
 - sufficient for grant application
 - sufficient for study success?

Study protocol

Example: quality of life study in palliative setting 1)

Comprehensive assessment: "best practice"

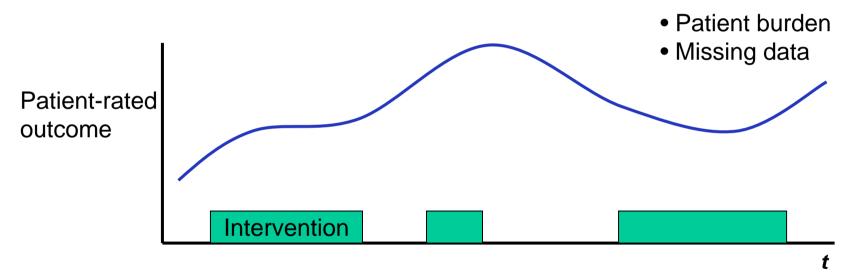
- Core questionnaire
- Symptom checklist
- Spiritual issues

- Patient burden
- Missing data

versus

Simple indicators of key domains

Example: quality of life study in palliative setting 2)



- > Clinical interest: overall experience over time rather than widely spaced single point estimates
- > Trade-off: Comprehensiveness versus timing and number of assessments

Developing a clinical study

- Inventive question
- Sound methods
- Feasibility

Competing factors:
Trade-off

> There is no "perfect" study design

"... Mit dem lokalen Statistiker ist ein gutes Einvernehmen herzustellen."

"... You need to establish an amicable relationship with the local statistician."

Draft of consensus paper on quality of life research, PSO/SAKK 1992

Investigators and research environment

Study objective: developing a common perspective

Importance of the research question and personal motivation

- Clinical or methodological relevance!
- Personal interest, only (e.g., authorship)?
- To be on board, only?
- > Developing a common perspective in order to work on a common ground

Creating a supportive environment 1)

Dedicated investigators:

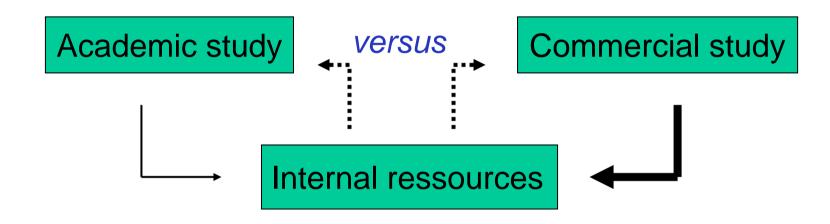
- clarify
 - what they are asked to do
 - what they may expect (e.g., authorship)
 - whether they are willing to take extra steps
 - > Decisive at beginning

Creating a supportive environment 2)

Dedicated investigators:

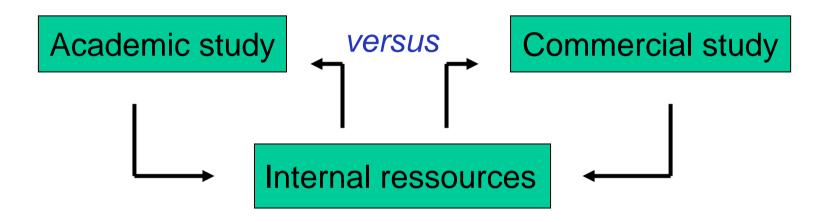
- establish
 - an official status, position or "role" of the study (e.g., place of binder on the shelf)
 - reliable facilites (e.g., reminder for assessment)
 - > Ongoing process!

Competitive environment 1)



> Lip service or educational advertising: not sufficient

Competitive environment 2)



> Clearly defined allocation of ressources: imperative

Changing environment: changing priorities

- Local institution, e.g., new head
- Medical practice, e.g., new treatment
- Health care system, e.g., new focus

> Perseverance and long-term commitment, especially in multicenter and cross-cultural studies

Management strategy

Motivation: From involvement to ... 1)

Head

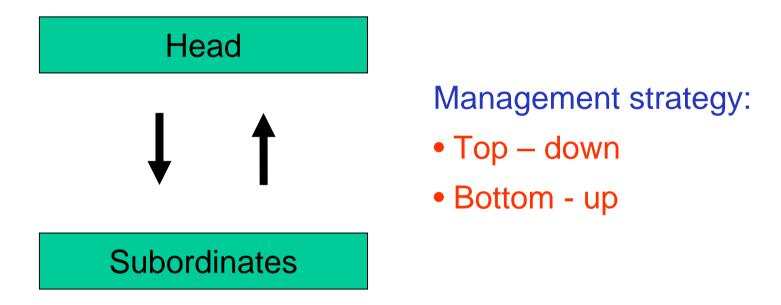


Subordinates

Management strategy:

• Top – down

Motivation: From involvement to committment 2)



> Combined approach, e.g., incentives

Information flow: multiple channels 1)

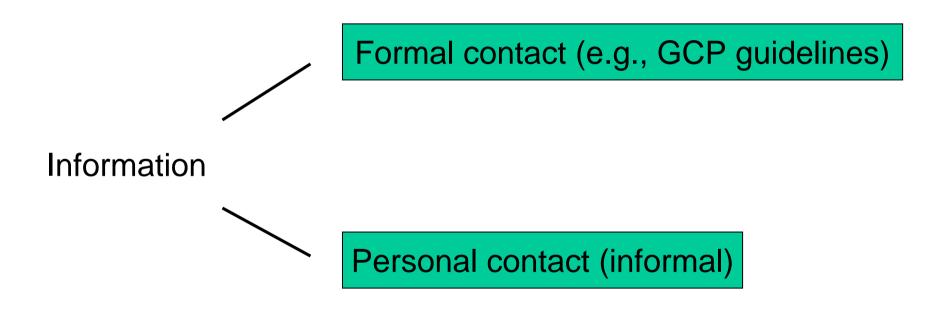


Formal contact (e.g., GCP guidelines)

Information

> Clearly defined procedures

Information flow: multiple channels 2)



> Combined approach

Personal issues

Non-methodological pitfalls

- Too high personal ambitions
- Taking key persons on board too late
- Tacit assumptions about collaboration (e.g., hidden agenda)

> Early clarification of personal objectives

Missing in CV or laudatio: History of failing

Failure is an inherent risk of research

> Responsability to also pass on experiences of failure, especially to young investigators

Conclusions

Factors contributing to failing or succeeding

Failing Succeeding

Protocol

Investigators

Environment

Management

Personal issues

> Factors on all levels can be decisive for failing or succeeding