

I.N.T



E.A.P.C

MERITO STUDY

AN ITALIAN MULTICENTER LONGITUDINAL
TRIAL FOR PAIN CONTROL
IN THE TITRATION PHASE WITH IMMEDIATE
RELEASE ORAL MORPHINE



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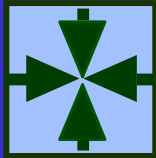


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AIMS

Estimate the percentage of the follow up period with a satisfactory pain control (reduced of at least 50% with respect to baseline) within the first five days of treatment

Estimate the time needed to reach satisfactory pain control (for the first time)



I.N.T



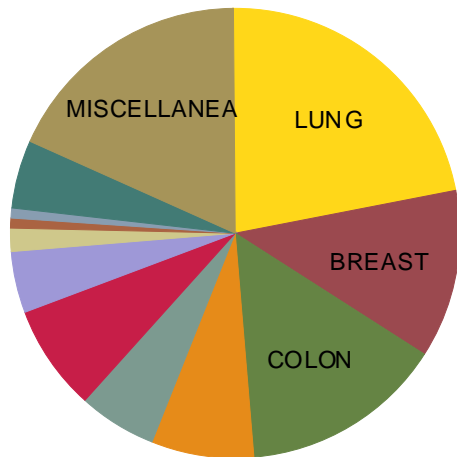
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METHODS

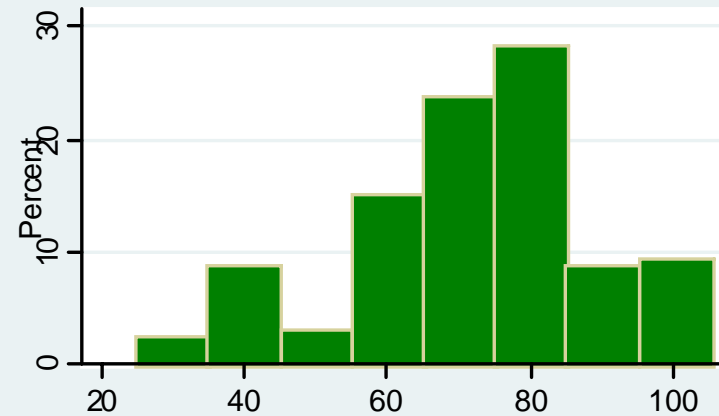
- Phase IV multi-centre longitudinal study.
- 16 centres
- 159 consecutive cancer patients with moderate to severe pain were enrolled.
- Pain measurement: 5 self evaluations a day for the first five days of treatment, recorded on a diary.
- Treatment: 5-10 mg starting dose of oral rapid release morphine.

STUDY SAMPLE CHARACTERISTICS

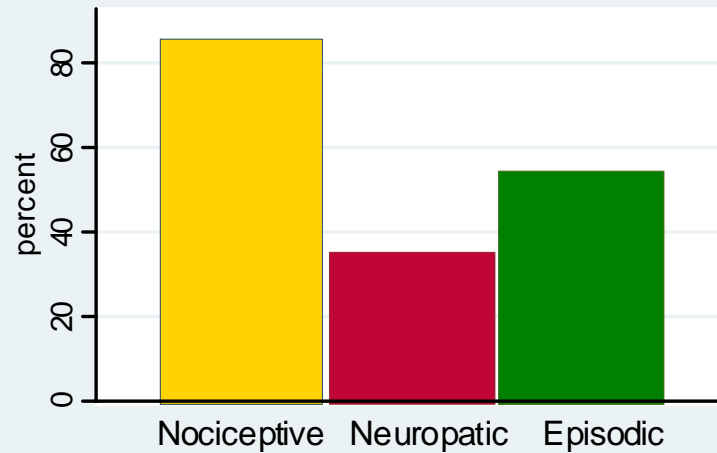
PRIMARY TUMOR SITE



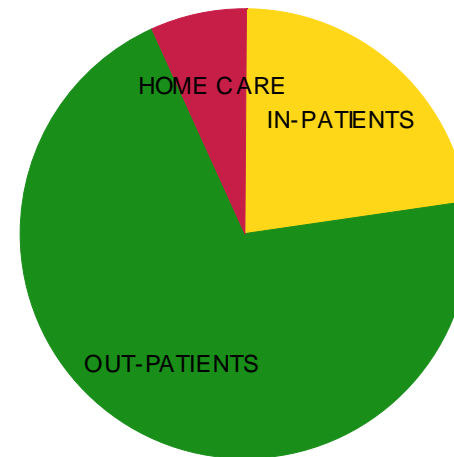
KARNOFSKY PERFORMANCE STATUS



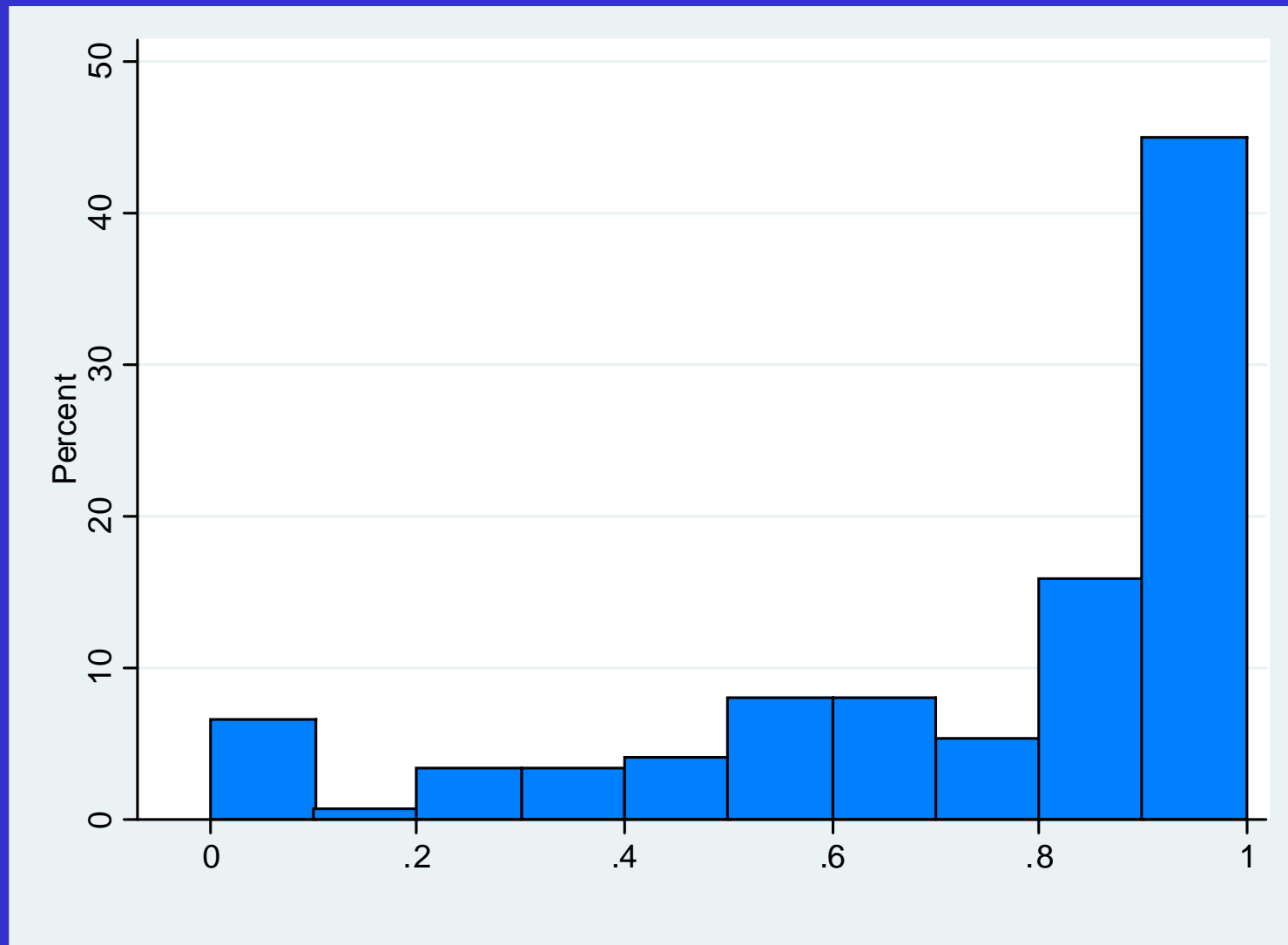
TYPE OF PAIN



SETTING OF CARE



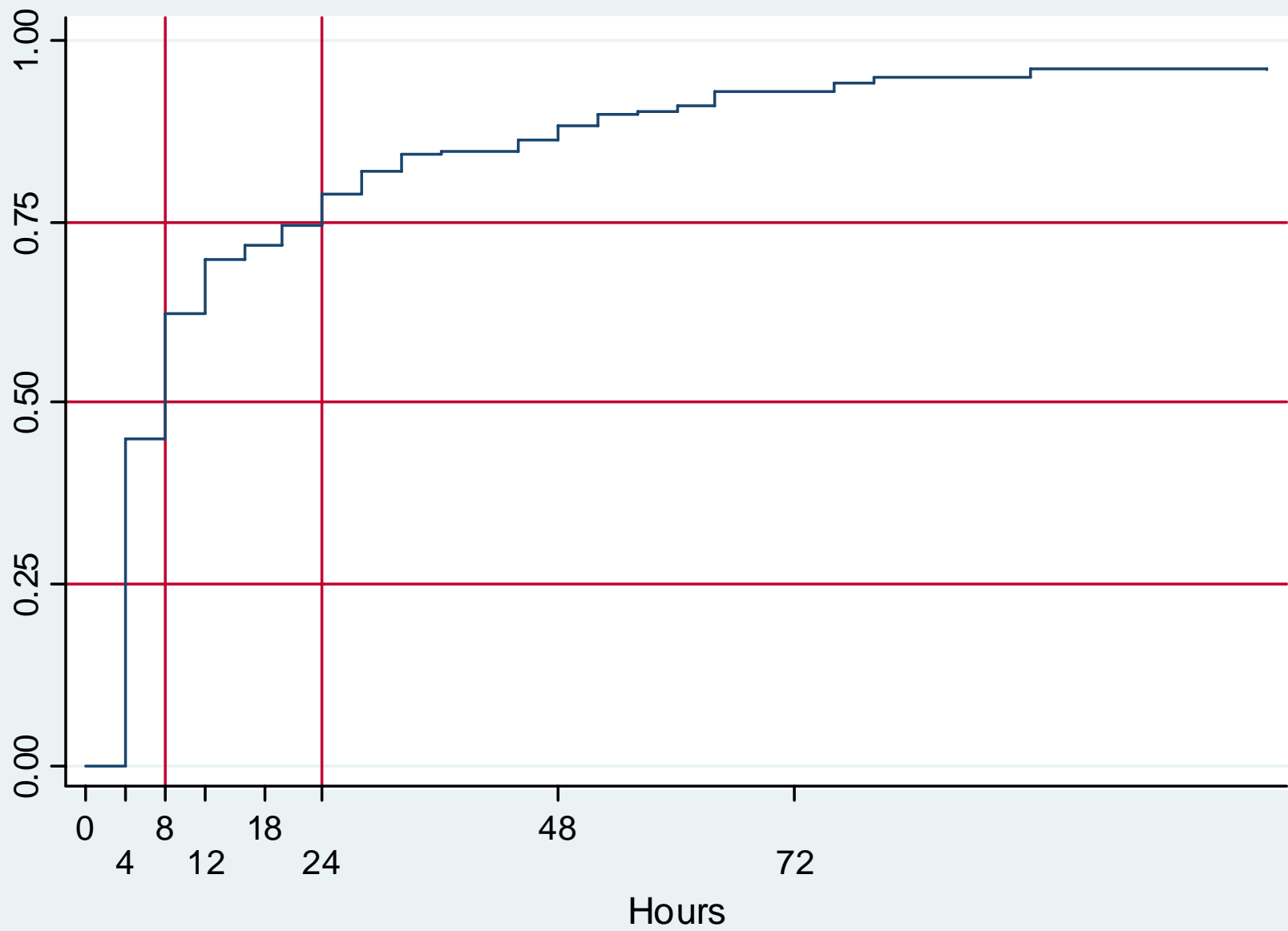
PERCENTAGE OF THE FOLLOW-UP PERIOD WITH PAIN CONTROLLED



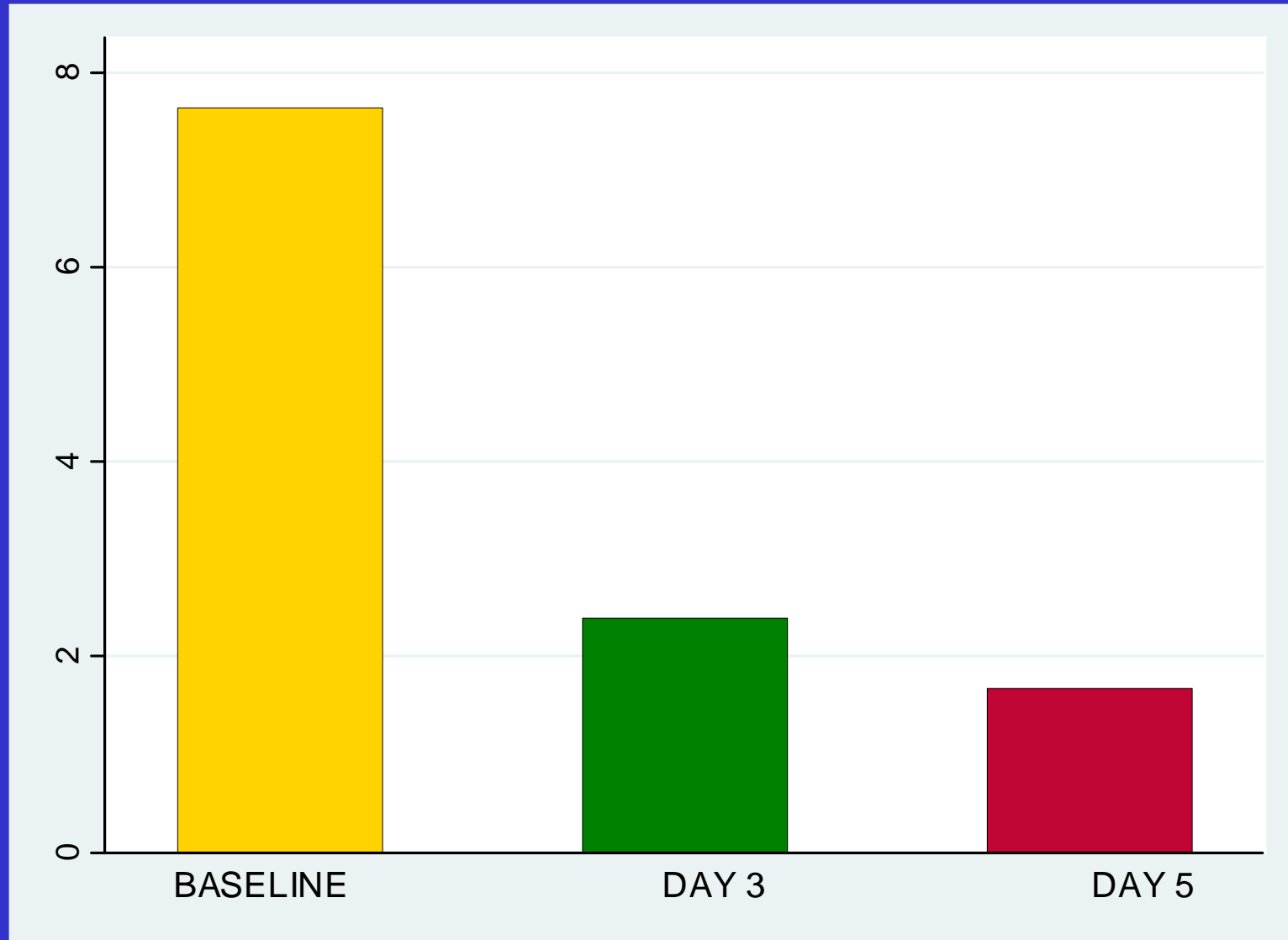
MEAN
75%

95% CI
(70% - 80%)

TIME NEEDED TO REACH PAIN CONTROL



AVERAGE PAIN SCORES AT BASELINE AND AT DAY 3 AND DAY 5 OF TREATMENT





10th Congress of the European Association for Palliative Care

June 6-9, 2007 • Budapest, Hungary

www.eapcnet.org/Budapest2007



CONNECTING DIVERSITY



5th

Research Forum of the European Association for Palliative Care

Trondheim, Norway

29 May – 1 June 2008

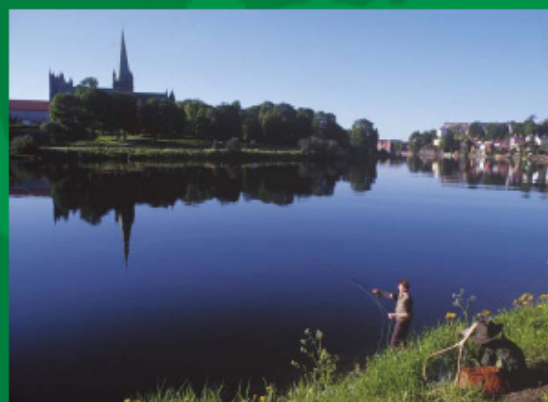


Photo: Jørn Adde©Trondheim kommune



<http://www.eapcnet.org/research2008>

5th

Research Forum of the European Association for Palliative Care

Welcome to Trondheim, Norway

Research is the basis for improvement in health care, and palliative care should become evidence based as the rest of the medical field. The EAPC Research Forum has been growing in size and quality since the first Forum in Berlin in 2000.

Palliative care is complex and challenging, and so is also research within this area of health care. Various professions take part in the research and collaboration between professions, nations and countries are factors for success. We want for the fifth time bring together the best researchers and clinicians in palliative care at our Research Forum in Trondheim in 2008 – close to the arctic circle and the midnight sun, to sharpen our minds and warm our hearts. You will be given the best opportunity to meet other experts in your field, to present and discuss research, to get new ideas, new insight into complex challenges and new information on how to improve patient care.

The scientific content of the program is primarily based upon submitted abstracts. Therefore, prepare yourself to submit your most updated research data to the EAPC Research Forum in 2008.



Post congress courses are planned, taking you on a boat trip from Trondheim to beautiful Lofoten, a large island on the coastline of Northern Norway. There will be some days stay in Lofoten, combining science and the beautiful scenery of Norway and a boat trip back to Trondheim. The course will be CME accredited.

We look forward to welcoming you to Trondheim

Augusto Caraceni

Chair Scientific Committee

Stein Kaasa

Chair Organising Committee

Franco De Conno

Chair Research Network



Norwegian University of
Science and Technology



**For more information
visit
www.eapcnet.org**