

Budapest Commitments

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Overview

- Introduction to the EAPC
- Budapest Commitments
- International Observatory on End of Life Care

European Association of Palliative Care - vision

The EAPC brings together many voices to forge a vision of excellence in palliative care that meets the needs of patients and their families.



European Association of Palliative Care



European Association of Palliative Care

- EAPC Research Network
- EAPC Task forces and projects

EAPC ATLAS of PALLIATIVE CARE IN EUROPE



FIRST INTERNATIONAL SURVEY ADDRESSING THE
DEVELOPMENT OF PALLIATIVE CARE IN ALL EUROPE



Universidad
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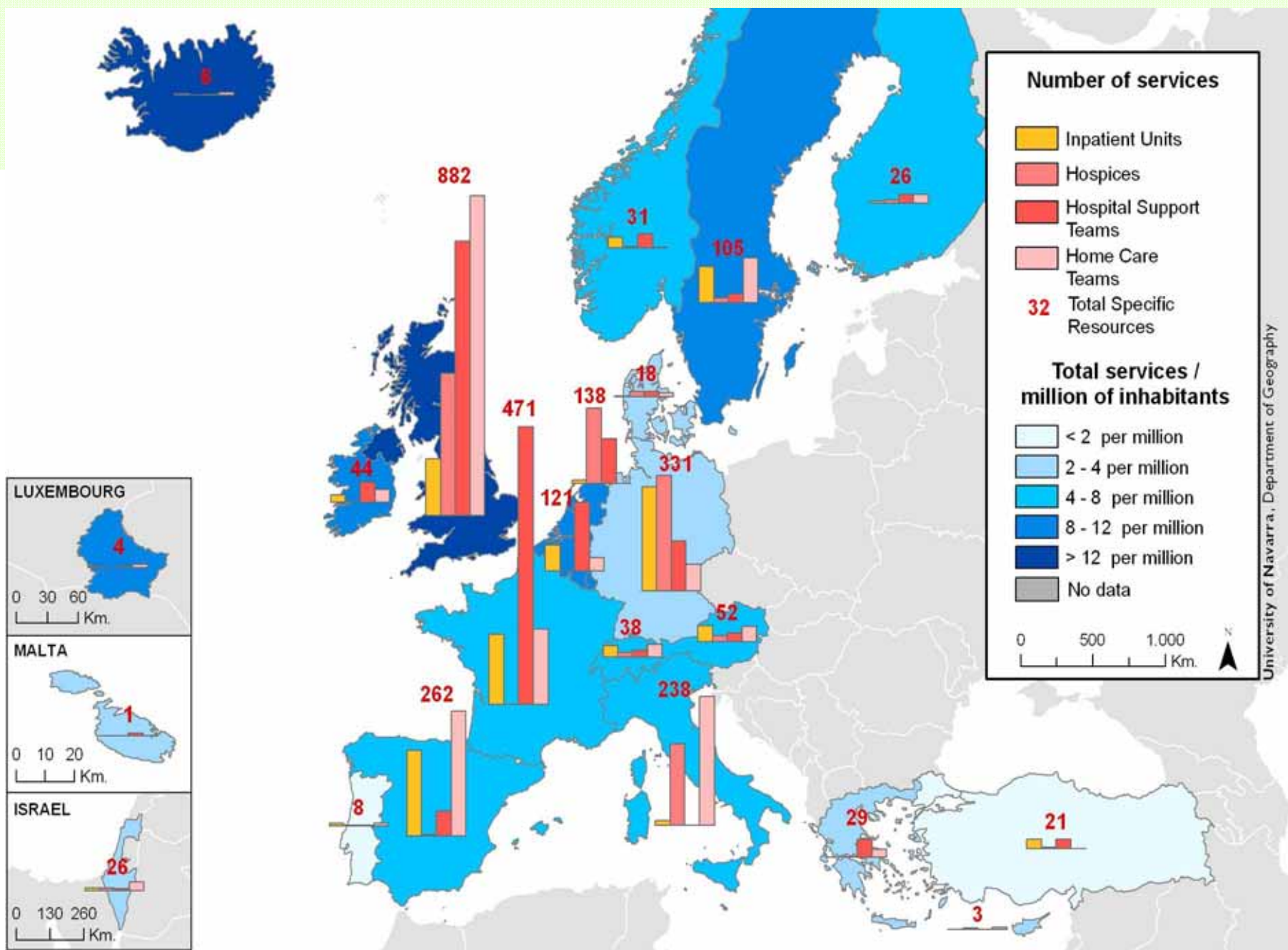


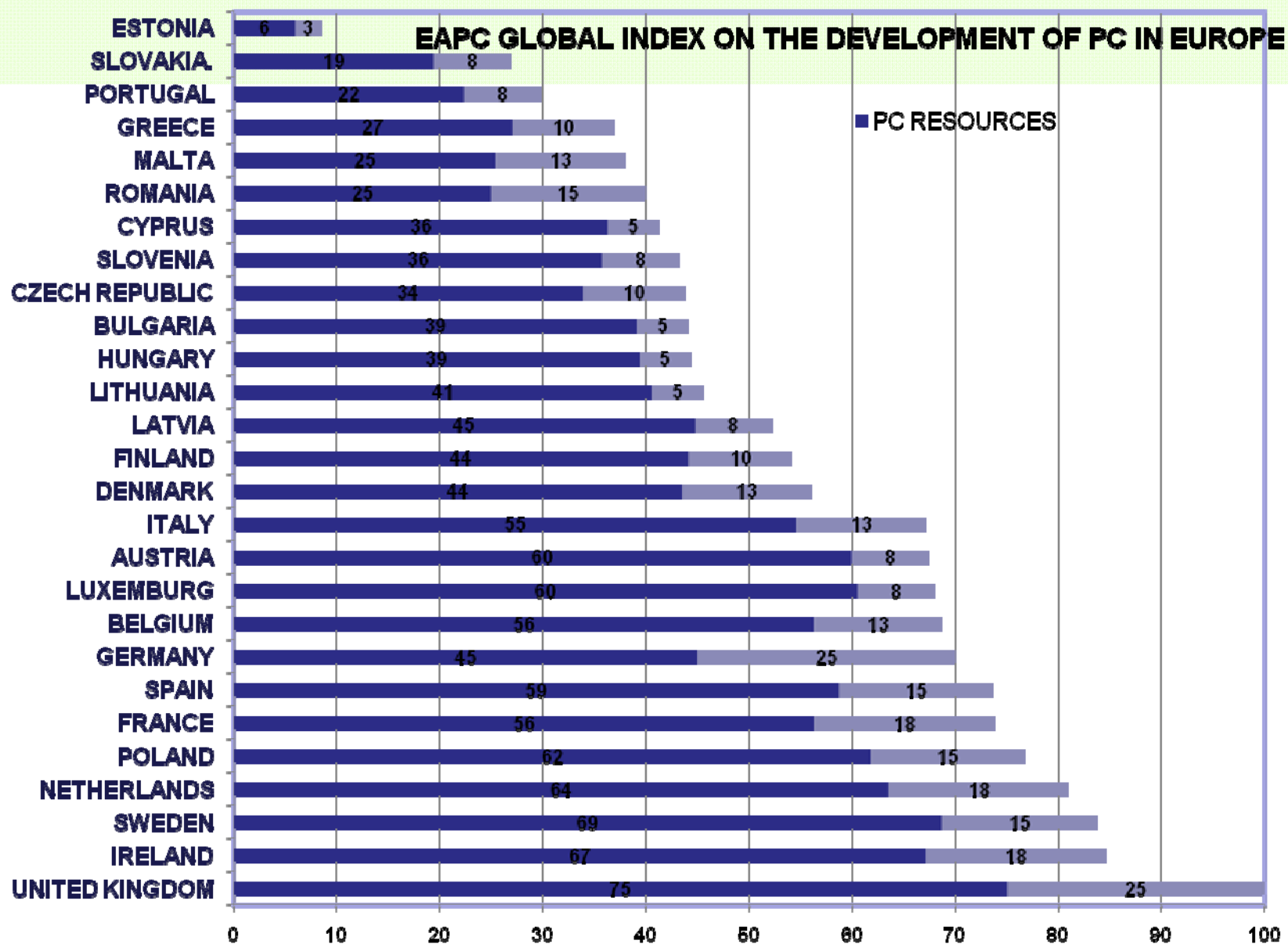
help the
hospices

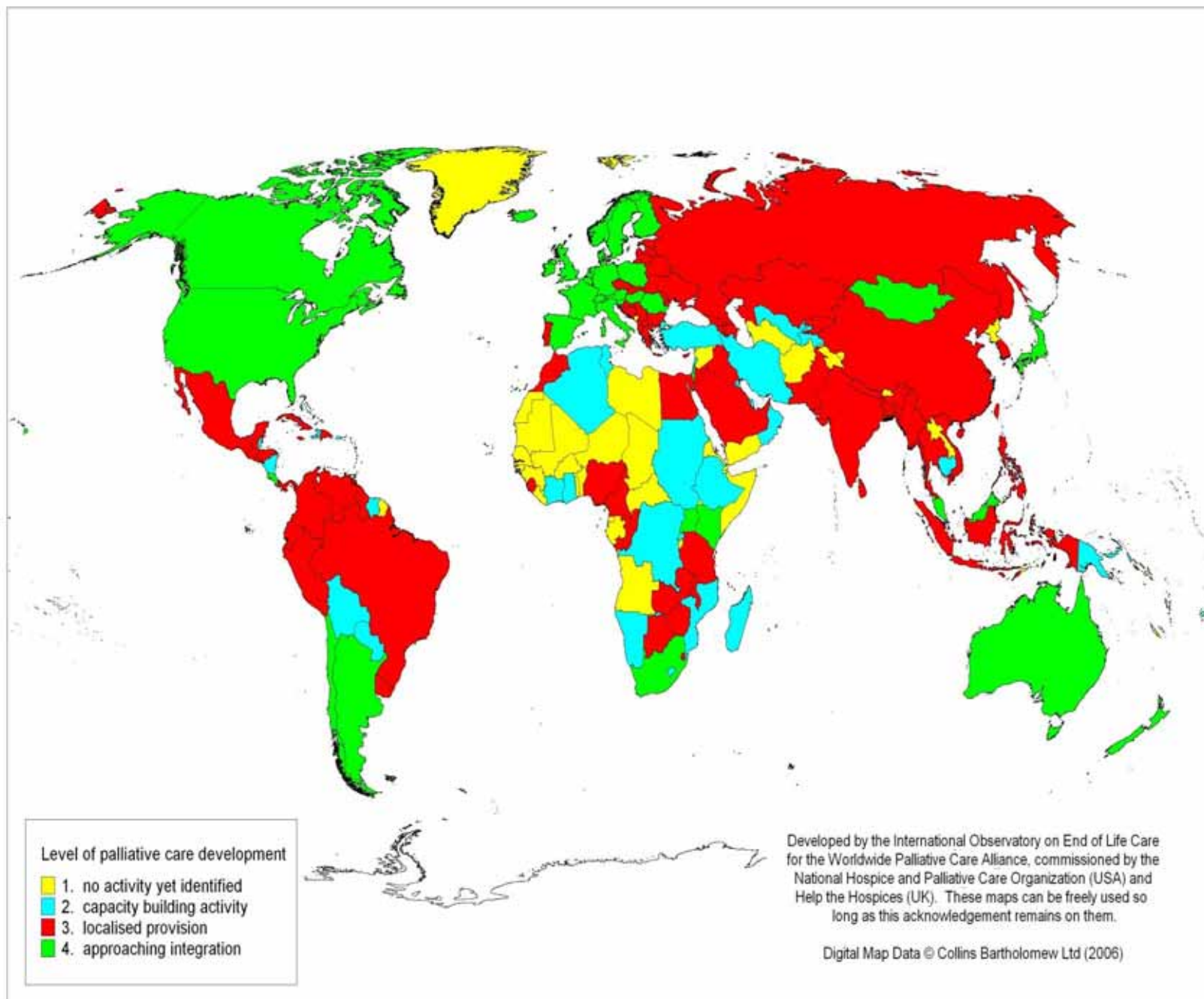


INTERNATIONAL OBSERVATORY ON
END OF LIFE CARE
LANCASTER
UNIVERSITY









Budapest Commitments - building bridges to improve palliative care



International developments

Declarations

1995 Barcelona

2005 Korea

Integration of palliative care

Access to palliative care as a human right

International developments

Declaration of Venice 2006

- The need for research in palliative care
- Global network
- Developing countries

EAPC east

- Development of palliative care in Eastern Europe
- EAPC – OSI initiative
 - Increase awareness
 - Networking, meetings
 - Newsletter
 - Grants
 - Courses
 - Budapest Congress

The next step

From: Networking and pioneers



To: Organisations and common activities

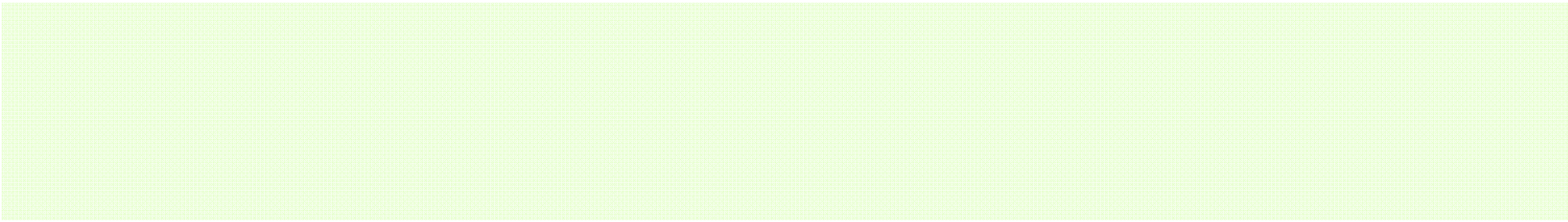
From: Developing countries and east/west



To: National/regional priorities and shared experiences

A framework for palliative care development





Palliative Medicine; 2007 **21**: 269–271

Editorial

The Budapest Commitments: setting the goals
A joint initiative by the European Association
for Palliative Care, the International Association
for Hospice and Palliative Care and Help the Hospices

Radbruch L, Foley K, De Lima L, Prall D, Fürst CJ

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Welcome to the Web site of the EAPC

Last Web update: 4 May 2009 ([click to view details on update](#))



Committed to People



EAPC

11TH CONGRESS
OF THE EUROPEAN
ASSOCIATION FOR
PALLIATIVE CARE
7th – 10th MAY 2009
VIENNA AUSTRIA

[EAPC Young Investigator Award](#)



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[Palliative Care: A model for innovative
health and social policies](#)



[Clinical Practice Guidelines for Quality
Palliative Care](#)

[PRISMA: Survey on end-of-life care research in Europe. Information wanted from research
groups in all European countries. Download \[here\]\(#\)](#)

[Validation of the ESMO/EAPC opioid availability
and accessibility data](#)

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European Association for Palliative Care

Non Governmental Organisation (NGO) recognised by the Council of Europe

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Report 10th Congress of the EAPC

Budapest, Hungary, 7-9 June 2007

The Budapest Commitments – a framework for palliative care development

A joint initiative by:

- European Association for Palliative Care (EAPC),
- International Association for Hospice and Palliative Care (IAHPC) and
- Worldwide Palliative Care Alliance (WPCA)

Invitation to set your own goals	Budapest Commitments Form Template
click here to open the page with the Commitments' list by country	
The Budapest Commitments at the EAPC Congress in Vienna	

Background

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. This definition of the World Health Organisation (WHO) (<http://www.who.int/cancer/palliative/definition/en/>, accessed on 27.02.2007) shows the full scope that palliative care providers have to cover.

However, in most services the provision of palliative care is far from optimal and in many countries and regions in and out of Europe, the development of palliative care is hindered by barriers and obstacles. In spite of tremendous engagement of palliative care specialists and volunteers, countless patients at the end of life suffer from treatable pain, anxiety and other symptoms, social isolation and existential solitude. Results from a recent survey on development of Palliative Care in Europe show vast differences in the state of development among European countries. (Conteno C. EAPC Task Force on the Development of Palliative Care in Europe. European

Examples of commitment domains

Public health perspective

- Drug availability
- Policy
- Education
- Quality
- Research

Examples of Drug availability

- Ensure availability and access to the palliative care essential medicines of the IAHPC list
- More than 2 potent opioids available
- Increase the rational use of opioids

Examples of Policy

- State of development and necessary next steps
- Guidelines for basic palliative care
- Compassionate care leave for family members
- Palliative care included in national cancer and HIV/AIDS programs

Examples of Education

- Palliative care in curricula for medical/nursing students
- Certification process to recognize palliative care competency
- Provide detailed designation of speciality

Examples of Quality

- Define standards of care
- Introduce a standard documentation system for palliative care services
- Establish a quality assurance project, using benchmarking or audit-cycles

Examples of Research

- Incorporate the proposals presented in the Venice Declaration
- Produce a national agenda on palliative care research
- Establish funding or an award to promote research activities in the country

Example from Germany: National Charter

- **Charter for improving care of severely ill and dying patients**
- **Initiated by the German Association for Palliative Care**
- **Steering group with German Medical Association, German Hospice and Palliative Care Union**
- **Invitation to 130 relevant groups and associations**
- **Round table conferences**
- **Charter presentation in autumn 2010**



Germany: National Charter

- **Letter of intent from 40 groups and associations**
- **Workgroups established**
 - Ethics and public awareness**
 - Patient needs and structures of care**
 - Training and education**
 - Future development and research**
 - International dimension**
- **Patient representatives in all workgroups**



Denmark: Research

Danish Society of Palliative Medicine (DSPaM)

- **Goal 1: increase the number of palliative researchers from 58 in January 2007 to 67 in December 2008**
- **Goal 2: increase the number of peer-reviewed palliative care research**
- **Goal 3: establish a Danish palliative care research prize**



Austria: Four Commitments

- **Policy**
Meetings with politicians
Integration of palliative care as a separate chapter in the official working programme of the new government
- **Quality**
Development of handbook on quality management
- **Education**
Renewed standards for education of volunteers
- **Research**
Establishment of a nationwide platform for clinical studies



How to join

- PC association (within EAPC or other)
- Discuss and decide on priorities and make commitment
- Download the template - EAPC homepage
- Fill out the form
- Send it to EAPC <http://www.eapcnet.org/index.html>
- Get going!

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THE BUDAPEST COMMITMENTS – project document

Give a short description of maximum two pages. Write in grey boxes. Send the commitment to Carl Johan Forst at cj.forst@stockholmregion.se

Background information is available on the EAPC website: www.eapc.net.org/XXX

Country

Date

Organisation

EAPC Collective member ☐

If not, give a short description of the organisation

Contact person

Institution

Address

Country

Phone

E-mail

Other contact information

Short description of the underlying problems that the commitments are aimed at

Description of commitments (if more than one please list, please try to define clear, realistic and measurable goals for each commitment)

1.

2.

3.

Goal, measurement of success and time (please list at least one outcome measurement for each commitment)

1.

2.

3.

Short description of methodology and working process

In collaboration or cooperation with other organisations ☐

Names of other organisations

Budapest Commitments

<http://eapcnet.org/congresses/Budapest2007/Budapest2007Commitments.htm>

International Observatory on End of Life Care





International Observatory on End of Life Care

- Research
- Education
- Advocacy
- Consultancy



Thank you for listening.

