Budapest Commitments

Budapest Commitments Workshop EAPC Congress Vienna 7 May 2009







Program

13.00	Welcome and introduction	CJ Fürst
13.15	Overview of the Budapest Commitments	CJ Fürst
13.30	Reports from selected countries Germany Denmark Sweden	R Woltz M Asbjörn Neergaard S Sauter
14.15	Group work	
14.45	Reports from the groups	
15.15	Future development - Discussion	L Radbruch CJ Fürst
15.30	End	



10th Congress of the European Association for Palliative Care

June 6-9, 2007 * Budapest, Hungary www.eapcnet.org/Budapest2007



CONNECTING DIVERSITY



Declarations

1995 Barcelona

2005 Korea

Integration of palliative care
Assess to palliative care as a human right

Declaration of Venice 2006

- The need for research in palliative care
- Global network
- Developing countries

EAPC east

- Development of palliative care in Eastern Europe
- EAPC OSI initiative
 - Increase awareness
 - Networking, meetings, conferences
 - Newsletter
 - Grants
 - Course

The next step

From: Networking and pioneers

 \Rightarrow

To: Organisations and common activities

From: Developing countries and east/west

 \Rightarrow

To: National/regional priorities and shared experiences

A framework for palliative care development







Palliative Medicine; 2007 21: 269–271

Editorial

The Budapest Commitments: setting the goals A joint initiative by the European Association for Palliative Care, the International Association for Hospice and Palliative Care and Help the Hospices

Radbruch L, Foley K, De Lima L, Praill D, Fürst CJ

Site map

10th EAPC Congress Budapest 2007 follow up

5th Research Forum 2008 follow up

6th Research Congress 2010

CEE&FSU Newsletter

EAPC discussion Forum

Palliative Care in HIV/AIDS

IPOS-EAPC Collaboration

History

Homage

PC & Pain Treatment as Human Rights

Welcome to the Web site of the EAPC

Last Web update: 4 May 2009 (click to view details on update)











Clinical Practice Guidelines for Quality
Palliative Care

PRISMA: Survey on end-of-life care research in Europe. Information wanted from research groups in all European countries. Download <u>here</u>

Validiation of the ESMO/EAPC opioid availability and accessibility data

The Pain in Europe Report



Grants







Database



European Association for Palliative Care

НОМЕ

Non Governmental Organisation (NGO) recognised by the Council of Europe

About the EAPC	How to join	Congresses	Organisations	Contact us	
Publications	EAPC Projects	Research Network	Links	Restricted area 🖁	

Report 10th Congress of the EAPC Budapest, Hungary, 7-9 June 2007

The Budapest Commitments - a framework for palliative care development

A joint initiative by:

- European Association for Palliative Care (EAPC),
- International Association for Hospice and Palliative Care (IAHPC) and
- Worldwide Palliative Care Alliance (WPCA)

Invitation to set your own goals Budapest Commitments Form Template					
click here to open the page with the Commitments' list by country					
The Budapest Commitments at the EAPC Congress in Vienna					

Background

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. This definition of the World Health Organisation (WHO)

(http://www.who.int/cancer/palliative/definition/en/, accessed on 27.02.2007) shows the full scope that palliative care providers have to cover.

However, in most services the provision of palliative care is far from optimal and in many countries and regions in and out of Europe, the development of palliative care is hindered by barriers and obstacles. In spite of tremendous engagement of palliative care specialists and volunteers, countless patients at the end of life suffer from treatable pain, anxiety and other symptoms, social isolation and existential solitude. Results from a recent survey on development of Palliative Care in Europe show vast differences in the state of development among European Countries (Content Content Conten

Belgium	FPCF
Austria	OPG & DVHO Education Policy
	Quality Research
Croatia	<u>CAHF</u>
Czech Republic	<u>AHPCP</u>
Denmark	<u>DSPaM</u>
Germany	<u>DGP</u>
Greece	<u>HAPCPC</u>
	HSPSCCNCP
Hungary	HHPA
Italy	SICP

Israel	<u>IPMS</u>		
Lithuania	<u>LPMA</u>		
Netherlands	<u>NPTN</u>		
Norway	<u>NFPM</u>		
Portugal	APCP		
Romania	SRPT		
	SECPAL		
Spain	WHOCC		
	SCBCP		
Sweden	NRPV		
Switzerland	SSMSP		
United	PCRS		
Kingdom	<u>APCSW</u>		
	<u>APMGB</u>		

19 countries



Examples of commitment domains

- Drug availability
- Policy
- Education
- Quality
- Research

Drug availability e.g.

- Ensure availability and access to the palliative care essential medicines of the IAHPC list
- More than 2 potent opioids available
- Increase the rational use of opioids

Policy e.g.

- State of development and necessary next steps
- Guideline for basic palliative
- Compassionate care leave for family members
- Palliative care included in national cancer and HIV/AIDS programs

Education e.g.

- Palliative care in curricula for medical/nursing students
- Certification process to recognize palliative care competence
- Provide detailed designation of speciality

Quality e.g.

- Define standards of care
- Introduce a standard documentation system for palliative care services
- Establish a quality assurance project, using benchmarking or audit-cycles

Research e.g.

- Incorporate the proposals presented in the Venice Declaration
- Produce a national agenda on palliative care research
- Establish funding or an award to promote research activities in the country

How to join

- PC association (within EAPC or other)
- Discuss and decide on priorities and make commitment
- Download the template EAPC homepage
- Fill out the form
- Send it to EAPC http://www.eapcnet.org/index.html
- Get going!

European Association for Palliative Care

HOME

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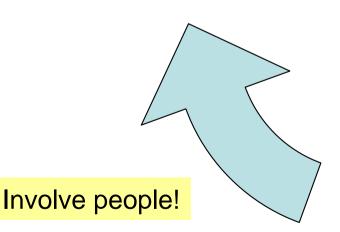
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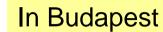
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Give a short description	on of maximum t	two gages. We'de this grey boxes. Send the commitment
to Carl Johan Forgrat	cificat@stockho	olemajokite m. se
Background informati	on is available or	a the EAPC website: www.exponet.org/XXX
Country	Date	
Organization.		
EAPC Collective mes	der 🛭	1
If sot, give a short des	cription of the or	ganizion
Contact person		
Institution		
Address		
Country	i i	
Phone		
E-mail		
Other contact informs	tice	=
Short descention of the	e underlying mo	blems that the commitments are aimed at
Description of commi and measurable goals 1.	tments (if more ti for each commits	ian one please list, phase ty to define clear, realistic ment)
2.		
3.		
	success and time	e (phase listat hastone outcome measurement for
each commitment)		
L		
2.		
3.		
Short description of m	ethodologyandv	wasingprocess
<u> Le collaboration or co</u>	meakenwith of	ter organizations
Incollaboration or co Names of other organi	•	her organizations U

Tell us in Vienna!

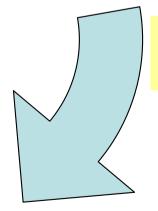
- Check out follow up
- Evaluate to what extent you were successful!
- Difficulties
- Challenges





THE COMMITMENT!

- Set your goals
- Commit yourself
- Plan the activities



Project management skills Inspiration from others!

START WORKING!

Activities...

Type of association

- General PC
- PC provider
- WHO collaborating Centre
- Working group on education
- Researcher
- Social worker

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Categories of commitments

- Drug availability
- Policy
- Education/speciality
- Quality/standards
- Research
- Professional networking
- Public awareness
- Volunteers

Country	Assoc.	Research	Prof netw.	Education	Policy	Public	Volunteers	Quality
Austria	ASPC	Х			Х	Х	Х	Х
Belgium	FPCF	Х				Х		
Croatia	CAH			Х	Х			
Czech Rep	AHPCP				X			
Denmark	DSPaM	X						
Germany	DGP				Х			
Greece	HAPCPC				Х			
Greece	HSPSCCP			X				
Hungary	HHPA			Х				Х
Israel	IPMS			X	Х			
Italy	SICP			X	X			
Lithuania	LPMA			X	Х			
Netherlands	NPTN		Х					
Norway	NFPM			X	X			X
Portugal	APCP				Х	Х		
Romania	RSPT			Х	Х			
Spain	SECPAL			Х	Х			
Spain	SCBCP			Х				
Spain	WHOCC				Х			
Sweden	NRPV			Х				
Switzerland	Pall CH			Х				
UK	APCSW	Х						
UK	APMGB	Х						
UKEAPC Vi	enna 2009	Х						

An update on the Budapest Commitments

Carl Johan Fürst, Liliana de Lima, David Praill and Lukas Radbruch share some of the commitments already made by European palliative care organisations – from the Czech Republic, Norway, Croatia and Austria – and explain how others can participate in the initiative



Volume 16, Number 1

Examples of commitments

- Research involvement
- Research database software
- Courses and training
- Development of curricula
- PC in undergrad and post grad education
- Education of volunteers
- Networking
- Legal/funding
- Official recognition
- Models of organization
- Press campaign
- Development of standards and audit tools



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CONNECTING DIVERSITY

Committed to People



