

Budapest Commitments

Budapest Commitments Workshop EAPC Congress Vienna 7 May 2009



Program

13.00	Welcome and introduction	CJ Fürst
13.15	Overview of the Budapest Commitments	CJ Fürst
13.30	Reports from selected countries Germany Denmark Sweden	R Woltz M Asbjörn Neergaard S Sauter
14.15	Group work	
14.45	Reports from the groups	
15.15	Future development - Discussion	L Radbruch CJ Fürst
15.30	End	



10th Congress of the European Association for Palliative Care

June 6-9, 2007 • Budapest, Hungary

www.eapcnet.org/Budapest2007



CONNECTING DIVERSITY



Declarations

1995 Barcelona

2005 Korea

Integration of palliative care

Assess to palliative care as a human right

Declaration of Venice 2006

- The need for research in palliative care
- Global network
- Developing countries

EAPC east

- Development of palliative care in Eastern Europe
- EAPC – OSI initiative
 - Increase awareness
 - Networking, meetings, conferences
 - Newsletter
 - Grants
 - Course

The next step

From: Networking and pioneers



To: Organisations and common activities

From: Developing countries and east/west



To: National/regional priorities and shared experiences

A framework for palliative care development



Palliative Medicine; 2007 **21**: 269–271

Editorial

The Budapest Commitments: setting the goals
A joint initiative by the European Association
for Palliative Care, the International Association
for Hospice and Palliative Care and Help the Hospices

Radbruch L, Foley K, De Lima L, Prall D, Fürst CJ

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Welcome to the Web site of the EAPC

Last Web update: 4 May 2009 ([click to view details on update](#))



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EAPC

11TH CONGRESS
OF THE EUROPEAN
ASSOCIATION FOR
PALLIATIVE CARE
7th – 10th MAY 2009
VIENNA AUSTRIA

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Report 10th Congress of the EAPC Budapest, Hungary, 7-9 June 2007

The Budapest Commitments – a framework for palliative care development

A joint initiative by:

- European Association for Palliative Care (EAPC),
- International Association for Hospice and Palliative Care (IAHPC) and
- Worldwide Palliative Care Alliance (WPCA)

Invitation to set your own goals	Budapest Commitments Form Template
click here to open the page with the Commitments' list by country	
The Budapest Commitments at the EAPC Congress in Vienna	

Background

Palliative care is an approach that improves the quality of life of patients and their families facing the problems associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual. This definition of the World Health Organisation (WHO) (<http://www.who.int/cancer/palliative/definition/en/>, accessed on 27.02.2007) shows the full scope that palliative care providers have to cover.

However, in most services the provision of palliative care is far from optimal and in many countries and regions in and out of Europe, the development of palliative care is hindered by barriers and obstacles. In spite of tremendous engagement of palliative care specialists and volunteers, countless patients at the end of life suffer from treatable pain, anxiety and other symptoms, social isolation and existential solitude. Results from a recent survey on development of Palliative Care in Europe show vast differences in the state of development among European countries (Centeno C. EAPC Task Force on the Development of Palliative Care in Europe. European

Belgium	FPCF
Austria	OPG & DVHO Education Policy Quality Research
Croatia	CAHF
Czech Republic	AHPCP
Denmark	DSPaM
Germany	DGP
Greece	HAPCPC HSPSCCNCP
Hungary	HHPA
Italy	SICP

Israel	IPMS
Lithuania	LPMA
Netherlands	NPTN
Norway	NFPM
Portugal	APCP
Romania	SRPT
Spain	SECPAL WHOCC SCBCP
Sweden	NRPV
Switzerland	SSMSP
United Kingdom	PCRS APCSW APMGB

19 countries



Examples of commitment domains

- Drug availability
- Policy
- Education
- Quality
- Research

Drug availability e.g.

- Ensure availability and access to the palliative care essential medicines of the IAHPC list
- More than 2 potent opioids available
- Increase the rational use of opioids

Policy e.g.

- State of development and necessary next steps
- Guideline for basic palliative
- Compassionate care leave for family members
- Palliative care included in national cancer and HIV/AIDS programs

Education e.g.

- Palliative care in curricula for medical/nursing students
- Certification process to recognize palliative care competence
- Provide detailed designation of speciality

Quality e.g.

- Define standards of care
- Introduce a standard documentation system for palliative care services
- Establish a quality assurance project, using benchmarking or audit-cycles

Research e.g.

- Incorporate the proposals presented in the Venice Declaration
- Produce a national agenda on palliative care research
- Establish funding or an award to promote research activities in the country

How to join

- PC association (within EAPC or other)
- Discuss and decide on priorities and make commitment
- Download the template - EAPC homepage
- Fill out the form
- Send it to EAPC <http://www.eapcnet.org/index.html>
- Get going!

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THE BUDAPEST COMMITMENTS – project document

Give a short description of maximum two pages. Write in grey boxes. Send the commitment to CarliJohan.Forsst at Stockholmjohansen.se. Background information is available on the EAPC website: www.eapcnet.org/X33X

Country

Date

Organization

EAPC Collective member ☐

If not, give a short description of the organization

Contact person

Institution

Address

Country

Phone

E-mail

Other contact information

Short description of the underlying problems that the commitments are aimed at

Description of commitments (if more than one please list, please try to define clear, realistic and measurable goals for each commitment)

1.

2.

3.

Goal, measurement of success and time (please list at least one outcome measurement for each commitment)

1.

2.

3.

Short description of methodology and working process

In collaboration or cooperation with other organisations ☐

Names of other organisations

Tell us in Vienna!

- Check out - follow up
- Evaluate to what extent you were successful!
- Difficulties
- Challenges

In Budapest

THE COMMITMENT!

- Set your goals
- Commit yourself
- Plan the activities

Project management skills
Inspiration from others!

Involve people!

START WORKING!

- Activities...

Type of association

- General PC
- PC provider
- WHO collaborating Centre
- Working group on education
- Researcher
- Social worker

Categories of commitments

- Drug availability
- Policy
- Education/speciality
- Quality/standards
- Research
- *Professional networking*
- *Public awareness*
- *Volunteers*

Country	Assoc.	Research	Prof netw.	Education	Policy	Public	Volunteers	Quality
Austria	ASPC	X			X	X	X	X
Belgium	FPCF	X				X		
Croatia	CAH			X	X			
Czech Rep	AHPCP				X			
Denmark	DSPaM	X						
Germany	DGP				X			
Greece	HAPCPC				X			
Greece	HSPSCCP			X				
Hungary	HHPA			X				X
Israel	IPMS			X	X			
Italy	SICP			X	X			
Lithuania	LPMA			X	X			
Netherlands	NPTN		X					
Norway	NFPM			X	X			X
Portugal	APCP				X	X		
Romania	RSPT			X	X			
Spain	SECPAL			X	X			
Spain	SCBCP			X				
Spain	WHOCC				X			
Sweden	NRPV			X				
Switzerland	Pall CH			X				
UK	APCSW	X						
UK	APMGB	X						
UK	EAPC Vienna 2009 PCRS	X						

An update on the Budapest Commitments

Carl Johan Fürst, Liliana de Lima, David Prall and Lukas Radbruch share some of the commitments already made by European palliative care organisations – from the Czech Republic, Norway, Croatia and Austria – and explain how others can participate in the initiative



Volume 16, Number 1

Examples of commitments

- Research involvement
- Research database software
- Courses and training
- Development of curricula
- PC in undergrad and post grad education
- Education of volunteers
- Networking
- Legal/funding
- Official recognition
- Models of organization
- Press campaign
- Development of standards and audit tools



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